



# BALDOR ESSENTIALS: EGGS

## GOOD

NOAH'S PRIDE (KREIDER FARMS) | PA, USA

### Loose XL AA Cage-Free Eggs

EGGSN1 | 15 DOZ

**Great value: Local, cage-free, grade AA eggs, produced in state-of-the-art aviaries**

- Family owned and operated for three generations
- Hens are fed an all-vegetarian diet with no antibiotics, animal by-products, or growth hormones
- Sustainability efforts: Solid waste is recycled into renewable cow bedding; liquid by-products and dry manure are converted into fertilizer



## BETTER

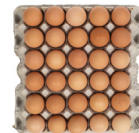
THE FARMER'S HEN | USA

### Large Brown Free-Range Loose Eggs

EGGS9E | 15 DOZ

**Local, free-range brown eggs, with no antibiotics or hormones**

- Family owned and operated for two generations
- Hens have access to land that's herbicide and pesticide free
- Sustainability efforts: Farm uses solar power and collects/purifies rainwater for washing their eggs



## BEST

VITAL FARMS | USA

### Pasture-Raised Medium Shell Eggs

EGGSV3 | 15 DOZ

**Pasture-raised eggs, from hens that feed on grasses, succulents, and wildflowers**

- Hens have a minimum of 108 ft of pasture per bird to roam year round
- Sustainability efforts: Rotational foraging, with no pesticides or herbicides used on pastures
- Community efforts: a commitment to "Conscious Capitalism," which provides their 300 family-farm partners with fair wages and prioritizes the long-term well-being of all stakeholders, from crew members to community to customers



# Facts About Eggs

## Caged

About 90% of eggs in the U.S. come from caged hens. The birds are confined to cages for their egg-laying lives and are given 67 square inches each. They eat a diet of corn or soy.

## Cage-Free

These birds have slightly more room than caged hens: They are provided with less than 1 square foot each. The hens are confined to barns and eat a diet of corn or soy. Baldor favors eggs that are at minimum cage free because it's better for the hen, the farm, and the plate.

## Free-Range

Hens are allotted less than 2 square feet each, which is more than caged and cage-free hens, but the birds don't often go outdoors. They are usually fed a diet of corn or soy.

## Pasture-Raised

The gold standard: Hens are allotted at least 108 square feet each. They eat a combination of whatever they forage in the dirt when they go outdoors and carefully balanced supplemental feed. Hens leave the barns early in the morning and are brought back in before nightfall. When a hen has a good quality of life—and a diverse diet—the egg is more flavorful.

### EGG SIZES

Egg size is measured as net weight per dozen eggs—it does not refer to the dimension of an egg. Some eggs may look larger or smaller than others in a carton, but that doesn't determine size.

**Jumbo: 30 oz** (about 2.5 oz per egg)

**Extra-Large: 27 oz** (about 2.25 oz per egg)

**Large: 24 oz** (about 2 oz per egg)

**Medium: 21 oz** (about 1.75 oz per egg)

**Small: 18 oz** (about 1.5 oz per egg)

