

BEEF 101

Baldor

PRIME

HIGHEST GRADE POSSIBLE, MOST MARBLED AND LESS THAN 2% OF ALL BEEF

CHOICE

SECOND HIGHEST GRADE POSSIBLE, "HIGH CHOICE" CAN OFTEN RIVAL PRIME.

SELECT

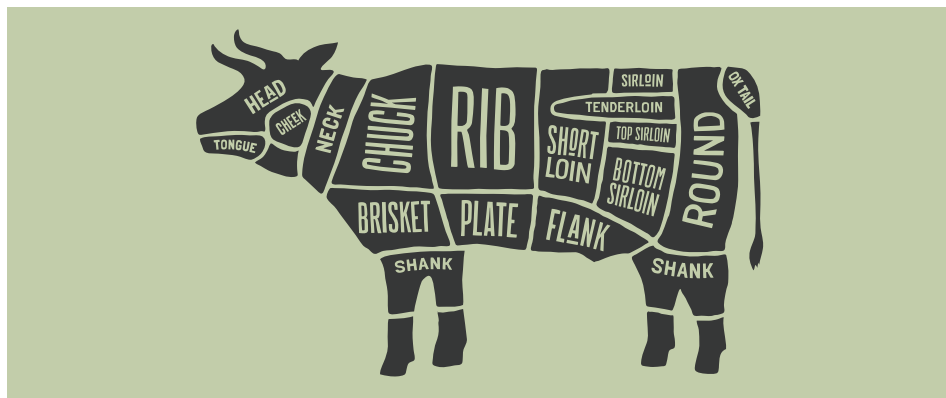
THIRD HIGHEST GRADE POSSIBLE

ANGUS

POPULAR BREED OF CATTLE PRIZED FOR MARBLING AND TENDERNESS

WAGYU

JAPANESE BREED OF CATTLE THAT IS THE MOST MARBLED, MOST TENDER AND MOST EXPENSIVE.



ROUND/TOP ROUND

LARGEST MUSCLE IN THE RUMP. LEAN AND USUALLY RESERVED FOR ROAST BEEF (SLICED THIN) OR BRAISED/STEWED IN LIQUID UNTIL TENDER.

JOYCE FARMS GRASS FED BEEF EYE ROUND
MEBNGF25M | 20 LB AVG | 4 PC

DEMKOTA RANCH BEEF TOP CHOICE BEEF EYE ROUND
MEBE6 | 18 LB AVG | 2 PC

JOYCE FARMS GRASS FED BEEF TOP ROUND
MEBNGF2 | 25 LB AV

NATION'S BEST COOKED TOP ROUND ROAST BEEF
MEBERB | 8 LB AVG | 1 PC

DEMKOTA RANCH BEEF TOP CHOICE BEEF TOP ROUND
MEBE4C | 28 LB AVG | 1 PC

FLAT IRON

COMES FROM THE CHUCK (SHOULDER) & SITS ON TOP OF THE SHOULDER CLOD. TENDER WHEN GRILLED TO MEDIUM RARE & SLICED AGAINST THE GRAIN.

DEMKOTA RANCH BEEF CHOICE FLAT IRON
MEBE5B | 12 LB AVG

CUSTOM CUTS CHOICE BEEF FLAT IRON 8 OZ
MEBE5BFLTSTK8R | 5 LB AVG | 10 PC

FPD PREFERRED BEEF FLAT IRON STEAKS 14 OZ
MEBEPFD114PR | 10.5 LB AVG | 20 PC

SHOULDER CLOD

A LARGE SECTION OF THE CHUCK (SHOULDER) WHICH INCLUDES SOME STEAK CUTS AND SOME BRAISING CUTS.

GRASS FED BEEF CHUCK CLOD
MEBNGF16M | 38 LB AVG

DEMKOTA RANCH BEEF
MEBE4EM | 65 LB AVG

MARROW

MARROW ARE FOUND INSIDE SELECT BONES WHICH ARE EITHER CUT LENGTHWISE OR WIDTHWISE. THINK OF MARROW AS BEEF "BUTTER".

FROZEN 7" SPLIT BEEF MARROW BONES
MEBE3IL | 10 LB

FROZEN 2" SPLIT BEEF MARROW BONES
MEBE3IM | 10 LB

BEEF MARROW (REMOVED FROM BONE)
MEBE3IO | 1.5 LB AVG

RIB EYE

CUT FROM THE RIB SECTION, CONSIDERED TO BE THE BEST STEAK CUT FOR FAT, FLAVOR, TENDERNESS.

JOYCE FARMS GRASS FED CHOICE BEEF RIBEYE ROAST
MEBNGF5M | 32 LB AVG | 2 PC

DEMKOTA RANCH BEEF TOP CHOICE BEEF EXPORT RIB
MEBE109EXPORT | 18 LB AVG

CUSTOM CUTS DRY AGED TOP CHOICE BEEF RIB
MEBE109COWBOYDA | COWBOY STEAK 16 OZ 8 LB AVG

DRY AGED TOP CHOICE BEEF 109 EXPORT RIB
MEBE109DA | 22 LB AVG

FPD PRIME BEEF RIB COWBOY STEAKS 24 OZ
MEBEPFD110924P | 7 PC

CUSTOM CUTS WET AGED CHOICE BEEF RIB STEAK
MEBE109-20WA | 10 LB AVG | 8 PC

FPD SIGNATURE BEEF RIB COWBOY STEAKS 24 OZ
MEBEPFD110924S | 12 LB AVG | 7 PC

CUSTOM CUTS TOP CHOICE BEEF RIB CHOP
MEBE109-28TOM | 7 LB AVG | 4 PC

DEMKOTA RANCH BEEF PRIME 109 EXPORT RIB ROAST
MEBE109P | 21 LB AVG

CUSTOM CUTS FROZEN PRIME 3 BONE STANDING BEEF RIB ROAST
MEBE1093BONEP | 7 LB AVG | 1 PC

CUSTOM CUTS DRY AGED PRIME BEEF RIB COWBOY STEAK
MEBE109PDACOWBY | 18OZ 10 LB AVG | 8 PC

FPD PRIME BEEF RIB TOMAHAWK STEAKS 28 OZ
MEBEPFD110328P | 12 LB AVG | 7 PC

MEBEPFD110918S PFD SIGNATURE BEEF RIB COWBOY STEAKS 18 OZ
7.75 LB AVG | 7 PC

FPD PRIME BEEF RIB COWBOY STEAKS
MEBEPFD110918P | 7.75 LB AVG | 7 PC

DEMKOTA RANCH BEEF HIGH CHOICE ANGUS BEEF RIBEYE ROAST
MEBE3M | 15 LB AVG | 1 PC

CUSTOM CUTS TOP CHOICE BEEF RIB COWBOY
MEBEPFD110924P | 4 LB AVG | 4 PC

STRIPLOIN

CUT FROM THE SHORT LOIN SECTION, CONSIDERED THE OTHER "BEST" STEAK CUT. IDEAL FOR GRILLING, SEARING AND COOKED TO MEDIUM RARE.

BONE-IN DRY AGED TOP CHOICE BEEF STRIP STEAKS 18 OZ
MEBE1179DA-18 | 9 LB AVG | 10 PC

CUSTOM CUTS PRIME BEEF BONE IN STRIP 22 OZ
MEBE179WA-22 | 12.5 LB AVG | 10 PC

CUSTOM CUTS BONELESS TOP CHOICE BEEF STRIP STEAKS 14 OZ
MEBE180-14 | 10 LB AVG | 11 PC

CUSTOM CUTS DRY-AGED BONELESS STRIP STEAKS 12 OZ
MEBE180DA-12 | 9 LB AVG

CUSTOM CUTS DRY AGED BONELESS TOP CHOICE BEEF STRIP STEAK 16 OZ
MEBE180DA-16 | 9 LB AVG | 10 PC

CUSTOM CUTS BONELESS TOP CHOICE BEEF STRIP STEAKS
MEBE18010 | 10 LB AVG | 16 PC

CUSTOM CUTS BONELESS TOP CHOICE BEEF STRIP STEAKS 14 OZ
MEBE180-14R | 5 LB AVG | 6 PC

DEMKOTA RANCH BEEF HIGH CHOICE ANGUS BEEF STRIPLOIN
MEBE3K | 13 LB AVG

DEMKOTA RANCH BEEF PRIME WHOLE STRIPLOIN
MEBE4G | 11 LB AVG

SKIRT STEAK

COMES FROM THE PLATE (BELLY) AND MAKES UP THE DIAPHRAGM OF THE COW. VERY FATTY AND PRONOUNCED FLAVOR IDEAL FOR QUICK HIGH HEAT.

CUSTOM CUTS CHOICE BEEF PEELED OUTSIDE SKIRT STEAKS
MEBE3PR | 6 LB AVG

DOUBLE R RANCH SIGNATURE BEEF SKIRT STEAK
MEBEPFD110924S | 15 OZ

CHOICE BEEF OUTSIDE SKIRT STEAKS
MEBE3P | 18 LB AVG

JOYCE FARMS ABF GRASS FED BEEF SKIRTS
MEBNGFS | 8 LB AVG

HANGER STEAK

COMES FROM THE PLATE (BELLY), ONLY ONE PER ANIMAL AND NEED TO BE TRIMMED OF COLLAGEN.

CUSTOM CUTS CHOICE BEEF HANGER STEAK
MEBE30STKPR8 | 8 OZ

WHOLE CHOICE BEEF HANGER
MEBE30 | 16 LB AVG

WHOLE CHOICE BEEF HANGER
MEBE30R | 7 LB AVG

CHOICE BEEF HANGER STEAKS 8 OZ
MEBE30STKR | 5 LB AVG | 10 PC

FPD SIGNATURE BEEF HANGER STEAKS 8 OZ
MEBEPFD11408S | 10 LB AVG | 20 PC

JOYCE FARMS GRASS FED BEEF HANGER STEAK
MEBNGF19R | 10 LB AVG | 3 PC

FPD SIGNATURE BEEF HANGER STEAKS 8 OZ
MEBEPFD11408S | 10 LB AVG | 20 PC

BEEF 101



SHORT RIB

COMES FROM THE RIB SECTION AND PLATE (BELLY). TYPICALLY BRAISED BUT CAN ALSO BE SLICED THIN, MARINATED AND GRILLED BBQ-STYLE. VERSATILE CUT WITH USUALLY EXTENSIVE MARBLING REGARDLESS OF GRADE.

DEMOKOTA RANCH BEEF TOP CHOICE BONELESS BEEF SHORT RIBS
MEBE3TM30 | 25 LB AVG

CUSTOM CUTS 1/4" CUT BEEF SHORT RIBS BONE IN
MEBE5L3 | 10 LB AVG

JOYCE FARMS GRASS FED BEEF SHORT RIB
MEBNGF10 | 15 LB AVG

DEMOKOTA RANCH BEEF TOP CHOICE WHOLE PLATE SHORT RIB
MEBE3S | 24 LB AVG

AURORA ANGUS BEEF BONELESS CHOICE BEEF SHORT RIB
MEBE3T | 35 LB AVG

BRISKET

THE CHEST OF THE COW. VERY TOUGH AND NEEDS BRAISING OR LOW AND SLOW HEAT TO TENDERIZE. STAPLE INGREDIENT IN AMERICAN BBQ.

GRASS FED BEEF BRISKET
MEBNGF4 | 20 LB AVG | 2 PC

DEMOKOTA RANCH PRIME BEEF BRISKET
MEBE5HPM | 60 LB AVG | 6 PC

DEMOKOTA RANCH TOP CHOICE BEEF BRISKET
MEBE5HM | 62 LB AVG | 4 PC

WONDER MEATS RAW CORNED BEEF BRISKET
MEBE5K | 15 LB AVG

WONDER MEATS COOKED CORNED BEEF BRISKET
MEBE5KCOOKED | 12 LB AVG

SIRLOIN

THE HIP SECTION OF THE COW. NOT QUITE AS TENDER AS RIB OR LOIN STEAKS. COMPRISES SIRLOIN, TENDERLOIN, TOP SIRLOIN BOTTOM SIRLOIN

JOYCE FARMS GRASS FED BEEF SIRLOIN FLAP
MEBNGF12 | 20 LB AVG | 3 PC*

DEMOKOTA RANCH BEEF TOP CHOICE BEEF BOTTOM SIRLOIN FLAP
MEBE5M | 16 LB AVG*

PFD SIGNATURE BEEF TOP SIRLOIN BUTT STEAKS 6 OZ
MEBEPFD11846S | 9.8 LB AVG | 25 PC

PFD SIGNATURE BEEF TOP SIRLOIN BUTT STEAKS 8 OZ
MEBEPFD11848S | 10 LB AVG | 20 PC

PFD SIGNATURE PRIME BEEF TOP SIRLOIN BUTT STEAKS 8 OZ
MEBEPFD11848P | 10 LB AVG | 20 PC

SNAKE RIVER WAGYU BEEF SIRLOIN STEAKS (8OZ)
MEBEPFD11848P | 10 LB AVG | 20 PC

JOYCE FARMS GRASS FED BEEF COULOTTE (TOP SIRLOIN)
MEBE3Q | 14 LB AVG | 6 PC**

*CONTAINED IN THE BOTTOM SIRLOIN, THIS CUT (BAVETTE) IS SIMILAR TO FLANK STEAK. GREAT MARBLING AND SHOULD BE SLICED AGAINST THE GRAIN.

**ALSO KNOWN AS "PICANHA" IN BRAZIL, THIS IS A WELL MARBLED, TENDER STEAK THAT IS THE TOP SECTION OF THE TOP SIRLOIN.

PORTERHOUSE

BONE-IN CROSS CUT STEAK FROM THE SHORT LOIN WHICH CONTAINS BOTH TENDERLOIN AND NY STRIP TOGETHER. STEAKHOUSE FAVORITE.

DOUBLE R RANCH SIGNATURE BEEF PORTERHOUSE STEAK
MEBEPFD117338SP | 36 OZ

SNAKE RIVER FARMS WAGYU BEEF PORTERHOUSE
MEBEPFD117338SP | 9.5 LB AVG | 4 PC

PFD PRIME BEEF PORTERHOUSE STEAKS 38 OZ
MEBEPFD117338P | 9.5 LB AVG | 4 PC

PFD SIGNATURE BEEF PORTERHOUSE STEAKS 38 OZ
MEBEPFD117338S | 9.5 LB AVG | 4 PC

CUSTOM CUTS DRY AGED PRIME BEEF PORTERHOUSE 18 OZ
MEBEPORPDA18 | 9 LB AVG | 8 PC

CUSTOM CUTS DRY AGED TOP CHOICE BEEF PORTERHOUSE 20 OZ
MEBEPOR2 | 11 LB AVG | 8 PC

CUSTOM CUTS DRY AGED PRIME PORTERHOUSE 40 OZ STEAK
MEBEPOR40PDA | 10 LB AVG | 4 PC

TENDERLOIN (FILET MIGNON)

VERY TENDER CUT FROM THE SHORT LOIN, FAIRLY LEAN AND MILD-FLAVORED, USUALLY COMMANDS A HIGHER PRICE

DEMOKOTA RANCH PRIME BEEF TENDERLOIN
MEBE189P | 7 LB AVG | 1 PC

CUSTOM CUTS CENTER CUT BEEF TENDERLOIN
MEBE190A | 4 LB AVG | 2 PC

CUSTOM CUTS BEEF TENDERLOIN PSMO
MEBN4M | 6 LB AVG | 1 PC

CUSTOM CUTS CENTER CUT CHOICE BEEF TENDERLOIN STEAKS
MEBE190A5A | 10 LB AVG | 32 PC

DIAMANTINA WAGYU BEEF TENDERLOIN
MEBK1 | 6 LB AVG | 1 PC

JOYCE FARMS GRASS FED BEEF TENDERLOIN
MEBNGF8 | 11 LB AVG | 2 PC

BEEF TENDERLOIN
MEBE189M | 80 LB AVG | 12 PC

CUSTOM CUTS CENTER CUT CHOICE BEEF TENDERLOIN STEAKS 8 OZ
MEBE190A-8R | 10 LB AVG | 20 PC

CUSTOM CUTS CENTER CUT CHOICE BEEF TENDERLOIN 8 OZ
MEBE190A-8 | 10 LB AVG | 20 PC

BEEF TENDERLOIN
MEBE189 | 15 LB AVG | 2 PC

DEMOKOTA RANCH BEEF HIGH CHOICE BEEF TENDERLOIN
MEBE3L | 14 LB AVG | 2 PC

JOYCE FARMS GRASS FED PRIME BEEF TENDERLOIN ROAST
MEBNGFP8 | 5.5 LB AVG | 1 PC

CUSTOM CUTS CHOICE BEEF TENDERLOIN STEAK 6 OZ
MEBE190A-6R | 4.5 LB AVG | 12 PC

FLANK

SITS BELOW THE LOIN SECTION AND IS TYPICALLY GRILLED OR SEARED QUICKLY TO MEDIUM RARE FOR BEST RESULTS. OFTEN MARINATED.

JOYCE FARMS GRASS FED BEEF FLANK STEAK
MEBNGF3R | 8 LB AVG | 3 PC

CUSTOM CUTS CHOICE BEEF FLANK
MEBE3V | 16 LB AVG