



HEPWORTH FARMS

Milton, NY

Family-Owned Organic Farm.

200

YEARS

Started over 200 years ago.

400

VARETIES

of vegetables

100

VARETIES

of tomatoes

About Hepworth Farms

Established in 1818, Hepworth Farms is a seventh generation family-owned farm. Hepworth Farms grows about 400 varieties of vegetables, including about 100 varieties of tomatoes. Today the certified organic farm is run by twin sisters Amy and Gail Hepworth alongside partner Gerry Greco. Hepworth Farms practices a whole-alive-systems approach, paying attention not only to their crops, but also to the health of their soil and employees. Their workers' daily routine includes at least twenty minutes of stretching and forty push-ups. They believe this practice prevents injuries and relieves some of the aches acquired while farming. To reduce energy consumption, Hepworth's packing house was built underground with a cement roof, which helps keep it cool and reduces refrigeration needs. Solar panels on the farm provide some renewable energy too.

WANT MORE?

Visit our website for a full availability list and more information about Hepworth Farms!