







A Letter from Baldor

Now that the Covid-19 vaccine is being distributed, and we are getting to the other side of this pandemic, I hope this message finds all of you safe and sound. I am sure this virus has affected every person reading this message in a profound way.

Each of our stories, while they may vary, reflects the strain and pain of the past year. It is our hope that, with the beginning of the new spring season, we can grab a blank canvas and start to paint the future picture for both our personal and professional lives.

To quote Michael Altshuler, "The bad news is time flies. The good news is you're the pilot."

Be your own pilot and continue to pursue your professional dreams. Take advantage of every opportunity in front of you. Enjoy the wonderful abundance that the spring harvest brings. Be sure to indulge in the sweetness of fresh fruits, the crispness of just-picked lettuces, and the tenderness of spring greens as you pilot your business into the future.

Nothing can take away your creativity. Our hope is that you continue to share your experience, your refined palate, and your instinct for capitalizing on this season's cornucopia long into the future.

May God bless us all.

Michael Muzyk

President Baldor Specialty Foods

Baldor Specialty Foods Bronx, New York

New York(718) 860-9100Boston(617) 889-0047D.C.(443) 733-3400

info@baldorfood.com

baldorfood.com

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Ingredients

8	New Products	52	July
20	March	60	August
28	April	68	Pierless Fish
36	May	70	Urban Roots
44	June	73	Baldorfood.com

20 Spring

As we prepare to leave the chill, early morning frosts, and cold weather produce behind, we're straddling seasons in the best possible way: Greens and citrus are still abundant, but also, asparagus, wild vegetables, and grapes are making their appearance. These early signs of warm weather pave a path for what's about to take shape.

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Summer

Finally! The mornings are early, the sun sets late, and one of our favorite times of every year, local season, is here. We're forever grateful to our nearby farmers who plant and harvest with attention to detail, sustainable methods, and love for what they do. Three cheers for locally grown berries, onions, radishes, tomatoes, and more.



Women-Owned. **World-Class Juice.**

For the last 30 years, we have been dedicated to feeding families a source of authentic nutrition. Producing fresh, clean label juice has been a labor of love for our family. Today, we are proudly women-owned & family-driven.

At Natalie's, we want the quality of our ingredients to shine. That's why we hand select & source the finest fruits & vegetables available. Our juices are handcrafted in small batches to ensure authentic freshness. We specialize in making clean, nutritious juice made with integrity.





Heritage Beef for Spring **Roasting & Summer Grilling**

Two reasons our heritage ribeye is always tender, juicy perfection: Aberdeen Angus cattle and regenerative agriculture, which result in 100% grass-fed and grass-finished beef, born not only from an angus breed raised 175 years ago, but also from the same techniques. By eliminating chemical fertilizers, rotating and integrating livestock, and focusing on soil health, our well-marbled cuts offer the best flavor, nutrition, texture, and environmental impact.



baldorfood.com/farms/joyce-farms

baldorfood.com/farms/natalies-orchid-island



Day

Brand New

This time around, our new and exciting list includes three kinds of new: Brand new to the market, new to us, and new products from old favorites. From smaller package sizes perfect for retail, local and organic poultry, and premium lobster, to game changing plant-based ingredients, bakery items, and coffee, we had good feelings about each, from the moment we saw them. Then we tasted, cooked, baked, sipped, and brewed them, and it was confirmed: These are exciting products.

Joyce Farms

A few years ago, we were invited to Joyce Farms. It wasn't the first time Baldor was there, but for several of us, it was our inaugural visit. As we learned about their farming practices, their commitment to regenerative agriculture, and their belief in revitalizing heirloom breeds, we kept thinking, everyone needs to know Joyce. And, now, thanks to their retail packs, this dream can become a reality.





It's true that hearing "Maine lobster" is enough to get us excited. But, add Greenhead to the mix, and we know the quality heading our way: Fresh-caught daily, year-round, and delivered straight to their own docks. Inside Greenhead's state-of-the-art facility, they process products — like their frozen claw and knuckle meat, and tails — that are as sweet and perfectly textured as their just caught catches.



Saugatuck Kitchens has long been our go-to for handcrafted hors d'oeuvres thanks to their chef-made recipes and real ingredients (we love that everything arrives frozen and egg-washed, too). Recently, they introduced us to our newest obsession, their vegetarian and meat-packed hand pies, which are a great first course alongside greens, afterschool snack (lucky kids!), or party app.



Partners Coffee knows that coffee is personal, and that it's important for everyone to feel a connection with their morning cup. That's why they've partnered with growers who they've connected with personally, to create a mutually beneficial supply chain: Supporting the international communities they source from, while bringing us exceptional, sustainable coffee in the process.



A family business through and through, Harney & Sons was founded by tea convert John Harney in 1983 following his 10-year apprenticeship in the tea world. Today, his sons and family members work from Millerton, NY to source, blend, and package their unique single origins and blends. We offer several varieties of Harney & Sons whole leaf teas, packed in sachets, and their organic single serve iced teas, too.

Maple Hill

Tim and Laura Joseph, Maple Hill's founders, trailblazed their way into creating and running the first 100% organic grass-fed dairy. The result? An extensive network of over 150 local farms, run humanely and sustainably, using regenerative practices, and extraordinary products, like their incredible milk line, to show for all their hard work.



PACK

100% GRASSFED MAPLE HILL = Organic =

VHOLE MIL

FAIR TRADE COCOA

ATTACKS OF STR. 87 (230ml)



For pasta that makes you feel like you're in Italy, thanks to authentic flavor and noodles that always boil into a beautiful al dente, we like to start with Pastificio Di Martino. Founded over 100 years ago in Gragnano, Italy, the Di Martino family still uses extra fine durum wheat in their recipes, bronze dies for extruding, and slow drying for the best texture.



Upstate New York baker Bread Alone is a family-owned company that's been baking certified organic bread for almost 40 years. We're crazy about their loaves, thanks to their use of minimal – and real – ingredients, their commitment to a natural ferment, and their flavors), as well as their granolas, bagels, and pies.



Jurgielewicz & Sons, Ltd.

Dr. Joe, a Cornell University-trained vet-slash-duck-farmer, purposely opened his Pekin duck farm in Pennsylvania to combat the duck overcrowding and pollution issues plaguing Long Island. Their ducks – pleasantly plump, hormone and antibiotic free, and raised in modern, clean barns – are a chef's dream. Prepare using your favorite recipe, or check out their dry aged duck, packed with bao buns, and hoisin.



Bella Bella

A welcome addition from the folks at local Bella Bella, La Belle Farm's organic whole chickens and parts, are slow-grown, raised with room to roam, are fed a non-GMO diet, and of course, are antibiotic-free. They're air chilled, which helps preserve their quality, tender texture, and first-class flavor.



Aurora Products' nuts, dried fruit, and snack mixes come from their family owned, woman-imagined, Connecticut facility, which has achieved, and continues to maintain, SQF certification. Plus, everything is the highest quality and free of preservatives, artificial colors, and additives.



Chip, chip, hooray for super sturdy, corn-forward tortilla chips. Created for maximum crunch and flavor, Zack's Mighty chips start with a unique Dent and Flint heirloom corn blend that they nixtamalize, turn into masa, and press into tortillas. Next they make them into crispy ready-for-anything chips, that can handle any salsa or guac you send their way.



Oak Knoll Dairy is a family-owned farm, that's been raising goats and producing their creamy, sweet, and slightly tangy Grade A milk, since 1988. Beloved in its home state of Vermont, and locally, Oak Knoll is appreciated by many for its, what's said to be, easier to digest properties, and others, for its standout flavor and texture.



Since the beginning, Califia Farms has been focused on creating a sustainable plant-based ecosystem that benefits us, the environment, and animals. And, lucky us, because not only do we get to enjoy their careful practices, but we also get to enjoy their fantastic plant-based almond, coconut, and oat milks that make sipping, baking, and cooking, extra fun.



Violife cheeses have always impressed us: They look, taste, and boast the texture of their dairy counterparts, but are completely vegan (non-GMO, preservative, soy, gluten, and lactose free, too). And, the best part is that Violife's products melt, grate, break into chunks and slice, just like any good cheese would.

Professional Professional Planteream Utere des tardes Tardes des t

Always on the hunt for the best alternative ingredients? We're thrilled to introduce you to Flora. Their plantbased butters and heavy cream are a 1:1 substitute for their traditional counterparts and they do everything the originals can do, too: Brown, bake. sauté, spread, and yes, whip.



MARCH

With the arrival of spring later this month, we're reminded of what's to come after a long winter. Locally, spring harvests are still a ways off, but we'll be stocked with plenty of spring delights, thanks to our partners further afield. Late season citrus will continue to peak as the very first wild edibles, like fiddleheads and morels, begin to come on.

PRODUCE GUIDE



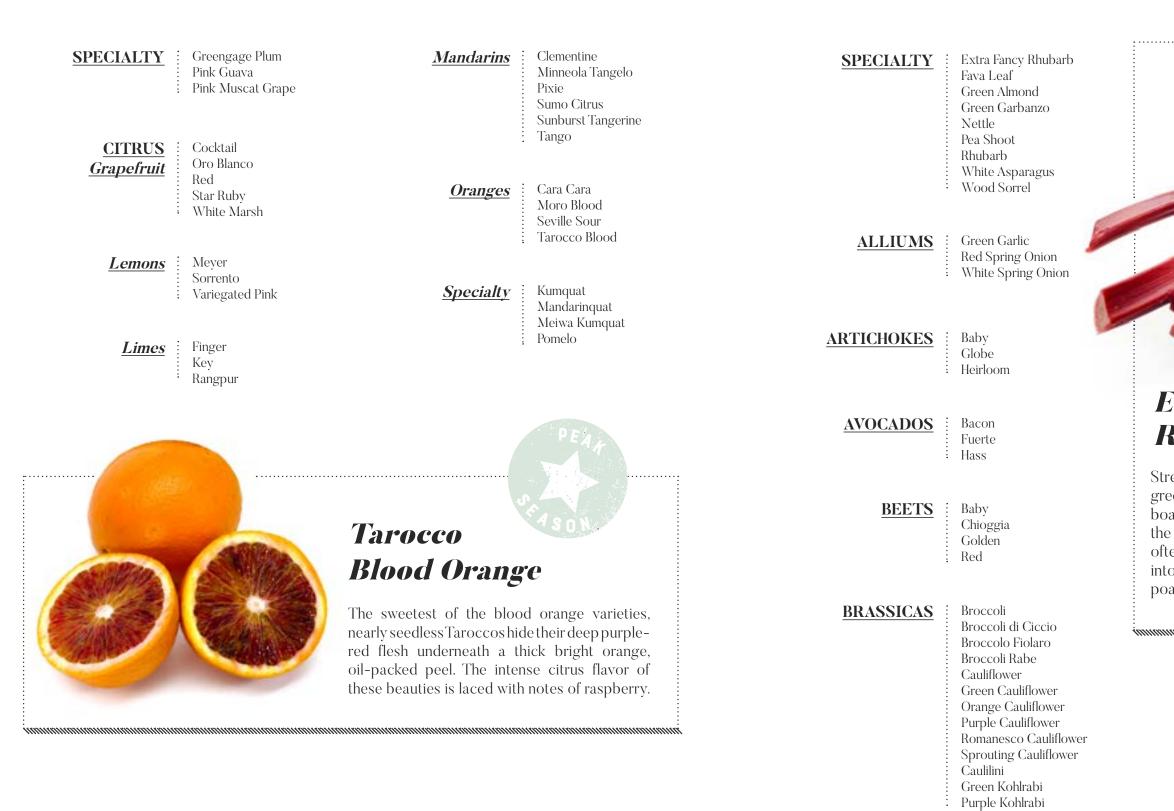
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MARCH

FRUIT

VEGETABLES





Extra Fancy Rhubarb

Streaked with bold reds and a bit of green, field grown rhubarb is known for boasting a denser, less stringy flesh than the hothouse variety. Extra Fancys are often straighter, more colorful, and cook into the silkiest pieces, once simmered, poached, or roasted.

MARCH

MARCH

CARROTS	Baby French Kyoto Mixed Heirloom Nantes Thumbelina	<u>MUSHROOMS</u> <u>Cultivated</u>	Beech Black Trumpet Hen-of-the-Woods Oyster Pioppino	SQUASHESAcornButternutKabochaSpaghetti
<u>CHICORIES</u> <u>Domestic</u>	Coraline Dandelion Frisée Radicchio Radicchio Rosa	<u>Wild</u>	Black Trumpet Chanterelle Hedgehog Morel Porcini Yellowfoot	WILD & FORAGEDFiddlehead Fern Wild Bay Leaf Wild Fennel Wild Licorice Root Wild Onion Flower Wild Spring Onion
<u>Italian</u>	Castelfranco Escarole Frisée Grumolo Puntarelle Radicchio Del Veneto Rosa Di Gorizia Tardivo	<u>POTATOES</u> <u>Fingerling</u> <u>& Specialty</u>	Blue Adirondack Magic Myrna Marble Purple Peruvian Red Adirondack Red Chile Ruby Crescent Russian Banana	PEAM
<u>LEAFY GREENS</u>	Bok Choy Tatsoi Green Kale Green Curly Kale Lacinato Kale Red Russian Kale Miner's Lettuce	<u>Sweet</u>	Beauregard Fingerling Garnet Okinawa Purple	SON
	Mizuna Mustard Rainbow Chard	<u>ROOTS</u>	Black Turnip Hakurei Turnip Burdock Celeriac	Jumbo Holland
<u>LETTUCE &</u> <u>SALADS</u> <u>Baby Head Lettuce</u>	Baby Green Oak Baby Red Oak Baby Green Tango Little Gem		Horseradish Lotus Parsley Root Parsnip Rutabaga Salsify Sunchoke	White Asparagus Similar to French white asparagus, though less cos mounded earth to avoid sunlight exposure, resulting i
<u>Specialty</u>	Baby Watercress Watercress Bloomsdale Spinach Red Frill Mustard Wild Arugula	:	Үисса	delicate, and tender. White asparagus is less herbachandle being served as simply as possible.



stly, Holland jumbos are grown under n ivory white stalks that are thick, juicy, ceous and fibrous than green and can

FEATURED FARM



BERNARD RANCHES

RIVERSIDE, CA

Vince and Vicki Bernard began farming their land in 1979 and have been bringing their fruit to market since 1980. Their land, farmed sustainably, relies on the use of beneficial insects and drip irrigation systems, and avoids the use of synthetic pesticides and herbicides. Their soil is fertilized with seaweed and urea, with mushroom compost added for an extra hit of nitrogen compound, an element that fruit trees crave. The superior flavor and sweetness of Bernard Ranches citrus is the combined result of the ultra-rich, seaweed-packed soil, ideal terroir, and hands-on farming. These people truly love what they do for a living and it shows in every piece of fruit that comes off their farm.



Get Inspired



by Galbani[®] Fresh Mozzarella

Made from the finest ingredients in the true Italian tradition, Galbani Fresh Mozzarella is kneaded and stretched using the pasta filata method. The result is a uniquely soft texture and delicate milky flavor. Plus, all-natural Galbani Fresh Mozzarella is made with no artificial ingredients, colors, or whiteners. What else would you expect from Italy's #1 cheese brand?

To order Galbani Fresh Mozzarella and to learn about other Galbani cheeses, visit baldorfood.com/farms/galbani



Bring on the flavor



with Président® Brie

It's easy to make your seasonal menu shine with the smooth, creamy, and buttery flavor of Président Brie. Crafted by Europe's leading cheese expert, Président Brie is the #1 Brie in the U.S. and France for good reason. Whether it's the star of a sensational cheese plate or baked into the perfect puff pastry, it's the Brie that makes every dish better. So, don't just ask for Brie. Ask for Président Brie.

To order Président Brie and to learn about other Président cheeses, visit baldorfood.com/farms/president-cheese

APRIL

Shoulder seasons tend to bring the best of both worlds. With the ushering in of warmer temperatures and longer days, we're starting to see the arrival of spring crops from out west. First of the season ramps are finally here, and local, overwintered greens are sure to impress with the best flavor of the year.

PRODUCE GUIDE



shower

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APRIL

FRUIT

Pink Guava

Verjus Grape

Pink Muscat Grape

Green Strawberry

Harry's Berries

VEGETABLES

SPECIALTY

White Asparagus Baby Fennel Fava Leaf Green Almond Miner's Lettuce Nettle Pea Shoot Rhubarb Wood Sorrel

Asparagus

ALLIUMS

Green Garlic Purplette Spring Onion Red Spring Onion Walla Walla Spring Onion White Spring Onion

ARTICHOKES

Baby Baby Purple Globe Heirloom



CITRUS Cara Cara Orange

Moro Blood Orange Tarocco Blood Orange Clementine Minneola Tangelo Sunburst Tangerine Pixie Mandarin Tango Mandarin Kumquat Meiwa Kumquat Mandarinquat Key Lime Oro Blanco Red Grapefruit Ruby Star Grapefruit Sorrento Lemon Sunrise Pink Grapefruit

STONE FRUIT

Lemon Velvet Apricot Red Velvet Apricot Unripe Green Apricot Aprium Yellow Nectarine Amber Crest Peach

Gold Velvet Apricot



Sunrise **Pink Grapefruit**

These Israeli-grown Sunrise variety pink grapefruits, grown under the Jaffa name, boast a deep, almost red pulp. Sunrises can range from sweet and slightly sour to sweet with a full sour finish, but no matter which side of the spectrum they fall on, they're always tender, juicy, heavy in the hand, and encased in unblemished skin.

SPECIALTY

BERRIES



APRIL

Bacon Fuerte Hass

BEANS & PEAS

English Pea Fava Beans Green Garbanzo Honey Snap Pea Royal Snap Pea Sugar Snap Pea Roval Snow Pea Speckled Snow Pea

BEETS

Baby Chioggia Golden Mixed Red White

Baby Turnips

Part of the brassica family, small turnips boast delicate, shiny skin, which once scrubbed, is deliciously edible – as are their spicy leaves. Baby turnips are well-loved for their sweet and milder flavor (in comparison to their full-sized counterparts), and tender flesh, which continues to mellow once cooked.

APRIL

APRIL



Arugula Rabe Baby Lacinato Kale Baby Turnip Bok Choy Broccoli

Broccoli di Ciccio Broccoli Leaf

Broccoli Rabe Green Kohlrabi Purple Kohlrabi

Hakurei Turnips

Spigariello

Baby French

Baby Mixed Mixed Heirloom

Thumbelina

Nantes

Romanesco Cauliflower

Fava Bean

PEAT	<u>POTATOES</u>	Marble Purple Peruvian Red Chile Russian Banana
Fava Beans Favas scream springtime. Cooked, super resh fava beans are tender, buttery, nutty, and taste like the season. Their lovely flavor and texture more than makes up for the louble peeling required to reach the large	<u>RADISHES</u>	Baby French Breakfast French Breakfast Easter Egg Green Meat Purple Ninja Watermelon White Icicle
Juint Italian Castelfranco Escarole Frisée Puntarelle	WILD & FORAGED	Fiddlehead Fern Ramp Wild Bay Leaf Wild Fennel Wild Licorice Root Wild Onion Flower Wild Spring Onion
Radicchio Del Veneto Rosa Di Gorizia Tardivo	<u>MUSHROOMS</u> <u>& TRUFFLES</u> <u>Truffles</u>	Summer
LETTUCE & SALADSBaby Green Oak Baby Red Oak Baby Green Tango Baby Lolla Rosa Baby Red Romaine Little Gem	<u>Cultivated</u>	Beech Bluefoot Hen-of-the-Woods Oyster Pink Oyster Pioppino Royal Trumpet
Specialty : Baby Watercress		

Specialty Baby Watercress Red Watercress Red Frill Mustard Bloomsdale Spinach Savoy Spinach Wild Arugula Wild Dandelion

		Watermelon White Icicle
D		Fiddlehead Fern Ramp Wild Bay Leaf Wild Fennel Wild Licorice Root Wild Onion Flower Wild Spring Onion
<u>S</u> <u>S</u> 25	•••••	Summer
<u>d</u>		Beech Bluefoot Hen-of-the-Woods Oyster Pink Oyster Pioppino Royal Trumpet

Wild Chanterelle Hedgehog Morel Porcini St. George Yellowfoot

CHICORIES *Domestic*

CARROTS

BRASSICAS

Dandelion Frisée

Radicchio

Coraline

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GoodHealthy French **Breakfast Radishes**

Tiny and sweet, these local organic radishes and greens are mild and tender enough to be the base of a salad, but also make an interesting addition, thanks to their just slightly peppery bite. GoodHealthy's are soil-grown, harvested as a living root, immediately washed in clean, cold water, and shipped to us within 24 hours of harvest for incomparable freshness.

FEATURED FARM



GOTHAM GREENS NEW YORK, NY

Gotham Greens is a fresh food company that farms with the future in mind. They build and operate sustainable greenhouses that employ hydroponic systems that use 95% less water and 97% less land than conventional farming. Local cultivation ensures that all their products are delivered quickly after harvest, for peak freshness and nutritionally dense, long-lasting produce.



Better Choices Change the World

DuBreton is the leader in Organic and Certified Humane[©] pork. At Dubreton, our commitment is to reinvent pork product through methods that respect consumer needs, animal welfare, and the environment. DuBreton Organic and Natural livestock programs are at the heart of those strategies. DuBreton is now the largest organic pork producer in North America and continues to accelerate in recent years. Consumers agree that DuBreton produces the highest quality, best tasting pork.



merry mont^w

MAY

We finally made it! Summer's on the horizon and it will be well worth the wait. Alliums, artichokes, and legumes are beginning to peak, just as west coast berry season is picking up. Have you joined our Local Pledge yet? We take the work out of searching for local produce by subbing comparable local options whenever possible — find out more on baldorfood.com/local.

PRODUCE GUIDE

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MAY

FRUIT

VEGETABLES

MAY

SPECIALTY AVOCADOS	Loquat Pink Guava Pink Muscat Grape Bacon Fuerte Hass	<u>STONE FRUIT</u>	Gold Velvet Apricot Green Apricot Lemon Velvet Apricot Midnight Velvet Apricot Red Velvet Apricot White Apricot Honey Rich Aprium Brooks Cherry Rainier Cherry	<u>SPECIALTY</u>	Asparagus Purple Asparagus White Asparagus Wild Asparagus Baby Fennel Baby Zucchini with Blossom Chamomile Fava Leaf Fig Leaf	
BERRIES	Green Blueberry Green Strawberry Harry's Berries Pineberry Strawberry		White Nectarine Yellow Nectarine White Peach Yellow Peach Peacharine Black Nectar Pluot Flavor Majesty Pluot Flavorosa Pluot		Green Almond Lamb's Quarters Miner's Lettuce Nettle Pea Shoot Pea Tendril Rhubarb Wild Sea Bean	
CITRUS	Cara Cara Orange Moro Blood Orange Tarocco Blood Orange Golden Nugget Tangerine Key Lime Oro Blanco Red Grapefruit White Marsh Grapefruit		PEAA JANA STANA SON	<u>ALLIUMS</u>	Wood Sorrel Baby Leek Flowering Chive Garlic Scape Green Garlic Purplette Spring Onion Red Spring Onion Torpedo Spring Onion Walla Walla Spring Onion White Spring Onion	
		Pell Family Strawberrie	•	<u>ARTICHOKES</u>	Baby Baby Purple Globe Heirloom	A Ve be
		Small, unbelievably sugar colored, Pell's Connecticu go back four generations. to them that you only taste to be enjoyed, each strawbe when its completely ripe.	it-grown strawberries Because it's important e a berry 100% ready erry is picked by hand,	<u>BEANS & PEAS</u>	English Pea Fava Bean Green Garbanzo Honey Snap Pea Royal Snap Pea Sugar Snap Pea Royal Snow Pea Speckled Snow Pea	



Red Velvet Apricots

A cross between apricots and plums, Red Velvets, a truly luxurious California fruit, boast magenta colored skin that really resembles velvet. They have the shape, meatiness, and soft, downy skin of apricots, but their coloring and juiciness is all plum.

MAY

<u>BEETS</u>	Baby Chioggia Golden Mixed Red	<u>CHICORIES</u> <u>Domestic</u>	Coraline Dandelion Frisée Radicchio	<u>MUSHROOMS &</u> <u>TRUFFLES</u> <u>Truffles</u>	Summer
BRASSICAS	White Bok Choy Broccoli di Ciccio Broccoli Leaf	<u>Italian</u>	Castelfranco Frisée Tardivo	<u>Cultivated</u>	Beech Bluefoot Hen-of-the-Woods Oyster Pioppino
	Broccoli Rabe Caraflex Cabbage Green Kohlrabi Purple Kohlrabi Hakurei Turnips	<u>LETTUCE &</u> <u>SALADS</u> <u>Baby Head Lettuce</u>	Baby Green Oak Baby Red Oak Baby Green Tango Baby Lolla Rosa Baby Red Romaine	Wild	Royal Trumpet Shiitake Black Conica Morel Blonde Morel
	Rapini Red Spring Onion Spigariello Sprouting Broccoli	<u>Specialty</u>	Little Gem Baby Watercress Wild Watercress Red Frill Mustard	<u>RADISHES</u>	Chanterelle Porcini Baby French Breakfast
<u>CARROTS</u>	Baby French Baby Mixed Mixed Heirloom Nantes Thumbelina		Savoy Spinach Wild Arugula Wild Dandelion		Easter Egg Green Meat Purple Ninja Watermelon White Icicle
		Taproot Far Sprouting B Sprouting broccoli is h flower shoots are well de the flowers have actually of greens bare a resembland the edible leaves, stalks, a and nutty, with no bittern	roccoli arvested once the veloped, but before opened. While these ce to broccoli rabe, nd florets are sweet	WILD & FORAGED	Fiddlehead Fern Ramps Spruce Tip Wild Bay Leaf Wild Licorice Root Wild Onion Flower Wild Purple Onion Wild Spring Onion

MAY



Red Spring Onions

Slender, purple-based shoots, characterized by their bulb-shaped bottoms, spring onions are pulled from the ground when still slender. While sharp when raw, they still have less bite than full sized red and purple onions, and once cooked, become sweet and mild.

FEATURED FARM



MOUNTAIN **SWEET BERRY FARM**

ROSCOE. NY

Rick Bishop of Mountain Sweet Berry Farm has been a fixture at the NYC Union Square Greenmarket since the mid-1980s. His commitment to fostering the healthiest, richest soil possible, and finding the best seeds, is the reason why his loyal customers include many of New York City's best chefs. In fact, he's been credited with playing an early and important role in gettting city chefs to cook with upstate ingredients — the ones grown on his Catskills' farm, included. Rick is best known for the myriad of potato varieties he grows and for his famous strawberries, most notably the Tristar.



At Atalanta, our vision is to be a part of every food experience. For over 75 years, we've been a leading food importer, specializing in cheese, meats, seafood, fruits and vegetables from around the world. Our vast portfolio features over 6,000 different food items sourced from more than 60 countries. We pride ourselves on building relationships with our customers and suppliers to create long-lasting partnerships through consistent service, complimentary marketing resources and field support.

CHEESE AND CHARCUTERIE

BEEMSTER® XO #CHEESE1L • 1/6 LB • 1/4 CUT

ATALANTA FETA #DACHEESE5BB • 1/7 KG PAIL

T&T TICKLER X-AGED CHEDDAR #CHEESEN • 4/5 LB

> EIFFEL TOWER BRIE #CHEESE2C • 1/2.2 LB

BEEMSTER® GOAT 4 MOS #CHEESE1LL • 1/6 LB • 1/4 CUT

FONTANA PROSCIUTTO CRUDO #SPMEAT3C • 1/13 LB





DALMATIA FIG SPREAD #SPPAS2 • 4/3.5 LBS PAIL

SPECIALTY

EIFFEL TOWER CORNICHONS, WHOLE IN VINEGAR #CORNICHON1 • 6/5 KG

TOSCHI AMARENA CHERRIES #SPDGFRC • 6/1 KG

LA ROSE NOIRE

ASSORTED MINI FROZEN MACARON #LRN94201 • 1/126CT

> MINI VANILLA TARTSHELL #LRN90416 • 1/210CT

MINI BLACK SESAME CONE #LRN90474 • 1/140CT

ASSORTED FROZEN CAROLINES #LRN95132 • 1/72CT

> MINI VANILLA CONE #LRN90476 • 1/140CT

ASSORTED FROZEN TARTES PASSION #LRN95131 • 1/72CT





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JUNE

The 20th of June marks summer's official entrance, bringing with it first-of-the-season local summer squash and the arrival of stone fruit. As west coast farms settle into their summer growing locations, local asparagus growers are picking up right where they left off. And, as the days get warmer, we're seeing the very first tomatoes — cherries — ready to harvest, before moving into bigger varieties.

PRODUCE GUIDE



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Baldor Spring & Summer 2021 45

JUNE

FRUIT

VEGETABLES

Ola	quat MELONS allieberry rsian Mulberry	Charentaise French Orange Cavaillon Galia Mixed Heirloom	<u>SPECIALTY</u>	Agretti Asparagus Purple Asparagus White Asparagus Wild Asparagus
Blu Gc Gr Ha Ma Tri Mu Ra Ro <u>CITRUS</u> So Ta	sé Raspberry rrento Lemon rocco Blood Orange nite Marsh Grapefruit	Blenheim Apricot Gold Velvet Apricot Midnight Velvet Apricot Honey Rich Aprium Bing Cherry Brooks Cherry Rainier Cherry Sweet Cherry White Nectarine Yellow Nectarine Yellow Peach Peacharine Santa Rosa Plum Black Nectar Pluot Black Raspberry Pluot Dapple Dandy Pluot Flavor Majesty Pluot Rosetta Jewel Pluot Silver Phoenix Pluot	ALLIUMS	 Baby Fennel Baby Zucchini with Blossom Celtuce Fava Leaf Fig Leaf Green Almond Nettle Pea Shoot Pea Tendril Rhubarb Wild Sea Bean Wood Sorrel Baby Leek Garlic Chive Garlic Scape Green Garlic Japanese Negi Scallion Purplette Spring Onion
NT	Rainier Ch	herries	<u>ARTICHOKES</u>	Red Spring Onion Torpedo Spring Onion Walla Walla Spring Onion White Spring Onion

Exceptionally sweet Rainiers traditionally appear on the scene earlier in the season than Bings. A cross between Bings and Vans, Rainiers are known for their delicate nature, short season, and limited availability, but their beautiful yellow-pink skin and unrivaled sweetness, more than makes up for the work it takes to grow and enjoy them.

Heirloom Baby Purple

BEANS & PEAS

Beauregarde Snow Pea English Pea Snow Pea Speckled Snow Pea Royal Snow Pea Cranberry Bean Dragon Tongue Bean Fava Bean Romano Bean Wax Bean Green Garbanzo Honey Snap Pea Royal Snap Pea Sugar Snap Pea

BRASSICAS

Baby Lacinato Kale Baby Swiss Chard Bok Choy Broccoli di Ciccio Broccoli Rabe Caraflex Cabbage Collards Green Kohlrabi Purple Kohlrabi Hakurei Turnip Rapini Spigariello

JUNE



Taproot Farms Organic Row 7 **Centercut Squash**

From the Row 7 Seed Company, comes the young and green non-GMO Centercut, bred from the Tromboncino, a long necked Italian heirloom squash. The Centercut has a dense, meaty texture throughout the neck, with sweet and nutty flesh. The seeds concentrate at the base.

CARROTS	Baby French	MUSHROOMS &	Black
	Baby Mixed Rainbow Nantes	TRUFFLES	Summer
	Thumbelina	Truffles	
	manyema	<u></u> :	
<u>CUCUMBERS</u>	7082	Cultivated	Beech
	Kirby Lemon		Bluefoot Hen-of-the-Woods
	Little Potato		Oyster
	Persian		Pioppino
			Royal Trumpet Shiitake
<u>CHICORIES</u>	Coraline Frisée		
	Radicchio	Wild :	Black Conica Morel
			Blonde Morel
			Chanterelle
LETTUCE &	Baby Green Oak	i	Porcini
<u>SALADS</u>	Baby Red Oak Baby Green Tango		
Baby Head Lettuce	Baby Colla Rosa		
	Baby Red Romaine	<u>RADISHES</u>	Baby French Breakfast Cincinnati
	Little Gem		Easter Egg
			Purple Ninja
Crossialty .	Dahar Dad Dan daltan		White Icicle
<u>Specialty</u>	Baby Red Dandelion Wild Dandelion	PEA	
	Baby Red Frill Mustard		
	Miner's Lettuce		•••••••••••••••••••••••••••••••••••••••
	Savoy Spinach Wild Arugula	IP ALL	
•	wild Aluguia		AND THE REAL PROPERTY.
			A A A A A A A A A A A A A A A A A A A

English Peas

<u>SQUASHES</u>		Avocado Centercut Costata Romanesco Gold Bar Gold Zucchini Patty Pan Zephyr Zucchini
<u>TOMATOES</u>	• • • • • • • • • • • • • •	Beefsteak Heirloom Mixed Cherry Red Cherry Sungold Cherry
WILD & FORAGED	••••••••••	Fiddlehead Fern Ramp Spruce Tip

Sweet peas, nestled inside crisp, thin-skinned pods, are always a hit when they arrive in the spring. They're especially anticipated for their moderately sized peas, with an impressive pop, and blemish-free coloring.

FEATURED FARM



SHANLEY FARMS MORROW BAY, CA

Shanley Farms is a California-based fruit company run by father and daughter team, Jim Shanley and Megan Warren, since 1998. Today, the farm produces avocados, lemons, finger limes, passion fruit, dragon fruit, goji berries, and specialty coffee varieties.

(Photo courtesy Shanley Farms)



Flair Meets Flavor

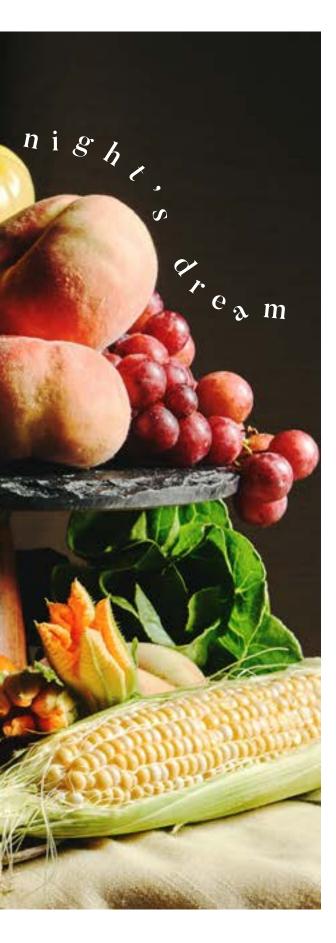
Fresh Origins delivers a year-round connection to the freshest, most flavorful, and gorgeous microgreens, flowers, and leaves. We harvest, pack, and ship the same day. This guarantees that whether you seek microgreens for flavor, wow with floral-garnished cocktails, or believe no dish is complete without a showstopping sprinkle, perfection's one order away.



JULY

Tomato season is in full swing as we move further into the summer months. In addition, local corn and cucumbers are sure to hit their peak just as the very first peppers are beginning to ripen, thanks to warm days and mild nights. As local fruit continues to thrive as well, wild blueberries will make a reappearance.

PRODUCE GUIDE



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JULY

FRUIT

SPECIALTY

Black Currant Pink Champagne Currant Red Currant White Currant Finger Limes

BERRIES

Blackberry Kiowa Blackberry Blueberry Cape Gooseberry Harry's Berries Mara Des Bois Strawberry Strawberry Tristar Strawberry Mulberry Raspberry Rosé Raspberry

FIGS Black Mission Brown Turkey

Kadota White Adriatic

Charentaise

MELONS

French Orange Cavaillon Galia Honey Kiss Mixed Heirloom Piel de Sapo Sugar Cube

STONE FRUIT

Crimson Velvet Apricot Midnight Velvet Apricot Royal Blenheim Apricot Ruby Velvet Apricot Bing Cherry Rainier Cherry Sour Cherry Sweet Cherry White Nectarine Yellow Nectarine Donut Peach



Peacharine Santa Rosa Plum Shiro Plum Very Cherry Plum Wild Plum Black Raspberry Pluot Flavor Oueen Pluot

Finger Limes

Citriburst Finger Limes are a unique citrus, packed with juice-filled pearls. When sliced opened and squeezed, the bright, lime-forward, pearls with pop, emerge, ready to be a savory or sweet garnish, ingredient, or attentiongrabbing salad dressing component.

Eckerton Hill Farm Sungold Tomatoes

The Sungold is a tiny powerhouse that looks and tastes like it's been warmed by the sun. Firm and sunset orange in color, these have a beautiful pop and deliver with an explosively sweet, earthy flavor punch.





JULY

VEGETABLES

SPECIALTY

Agretti Celtuce Fig Leaf Mexican Sour Gherkin Purslane Squash Blossom

ALLIUMS

Baby Leek Garlic Chive Garlic Scape Japanese Negi Scallion Purplette Onion Torpedo Onion Walla Walla Onion

BEANS & PEAS

Cranberry Bean Dragon Tongue Bean Fava Bean Romano Bean Wax Bean English Pea Honey Snap Pea Royal Snap Pea Royal Snow Pea Speckled Snow Pea

BRASSICAS

Baby Green Kale Baby Lacinato Kale Bok Choy Broccoli Rabe Collards Green Kohlrabi Purple Kohlrabi Hakurei Turnip Red Napa Cabbage Spigariello Swiss Chard

JULY

<u>BEETS</u>	Baby Badger Flame Rainbow	<u>MUSHROOMS</u> <u>& TRUFFLES</u> <u>Truffles</u>	Black Summer	<u>Wild</u>	Black Conica Morel Chanterelle Porcini
<u>CARROTS</u>	Baby French Baby Mixed Rainbow Nantes Thumbelina	<u>Cultivated</u>	Beech Bluefoot Hen-of-the-Woods Oyster Royal Trumpet	<u>PEPPERS</u>	Corno di Toro Cubanelle Italian Long Hot Jimmy Nardello Rainbow Bell Shishito
<u>CORN</u>	Bi-Color White Wild Violet Yellow		Shiitake	<u>RADISHES</u>	Cincinnati Easter Egg French Breakfast
<u>CUCUMBERS</u>	7082 Kirby Lemon		SEA SON	SQUASHES	White Icicle Avocado
<u>EGGPLANT</u>	Little Potato Persian White Fairytale Graffiti Hansel & Gretel Italian Japanese Lavender				Centercut Costata Romanesco Eight Ball Gold Bar Gold Zucchini Lebanese Cousa Patty Pan Tetra Trombetta Zephyr Zucchini
	White	Norwich			
<u>LETTUCE & SALADS</u> <u>Baby Head Lettuce</u> <u>Specialty</u>	Baby Green Oak Baby Red Oak Baby Green Tango Baby Lolla Rosa Baby Red Romaine Little Gem Baby Red Frill Mustard Green Dandelion Red Dandelion Wild Arugula	Individual clusters Little Gems are a sa usable, the crisp natural ingredient grown organically, from NYC, using a micronutrients tha	of sweet and juicy alad dream: Entirely small leaves are catchers. These are upstate, four hours special cocktail of t produce superior orwich harvests for	<u>TOMATOES</u>	Beefsteak Early Girl Green Green Zebra Heirloom Japanese Black Truffle Mixed Cherry Red Cherry Sunchocola Cherry Sungold Cherry Plum Purple Cherokee

Norwich Meadows Farm Organic Yellow Wax Beans

These organic yellow beans are similar to green beans, but with straw yellow coloring, and a flavor that's less grassy and vegetal. The ones from Norwich are always firm and tasty; they're impeccably grown and sent to us one day after harvest.

FEATURED FARM



GALPIN FAMILY FARMS

REEDLEY, CA

Galpin Family Farms is a real deal family farm. Based in Reedley, CA, Lisa and Anthony Galpin have been farming in the Central Valley since 1980. Everything is picked and packed directly in the tree, meaning it's only being handled once. This unique way of packing ensures less bumping and bruising. The Galpins grow the highest quality tree fruit, without the use of pesticides and chemical fertilizers.



The Best of Two Worlds (Like Breakfast & Dessert)

La Fermière offers the best of both worlds: A domestic yogurt direct from Saratoga Springs, NY, created with a decades-old, French family recipe. Made with premium dairy, fresh ingredients, and real cane sugar, La Fermière comes in a variety of year-round and seasonal flavors, like salted caramel, mango passion fruit, and piña colada. And they're all served in our signature pots. Très mignon!





AUGUST

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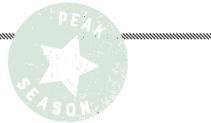
VEGETABLES

	Sn M
- :*	Thes with snow share for th

FRUIT	

now Leopard **lelons**

0 1 1 se attractive, personal-sized melor splashes of green, hold interior flo v white. Crisp and firm, while Snow e similiarities with honeydew, they heir cucumber-like flavor and textur



SPECIALTY	÷	Black Currant
	÷	Red Currant
	:	White Current

White Currant : Bronx Grape

Blackberry

BERRIES

Blueberry Wild Maine Blueberry Cape Gooseberry Golden Raspberry Raspberry Rosé Raspberry Harry's Berries Mara Des Bois Strawberry Strawberry Tristar Strawberry Wild Huckleberry



Black Mission Brown Turkey Kadota Tiger Stripe White Adriatic **MELONS** Charantaise French Orange Cavaillon Galia Honey Kiss Honeydew Little Flower Watermelon Orange Watermelon

STONE FRUIT

Midnight Velvet Apricot **Red Velvet Apricot** Ruby Velvet Apricot Sour Cherry Sweet Cherry White Nectarine Yellow Nectarine Peach Donut White Donut Yellow Peach Peacharine Greengage Plum Autumn Honey Pluot **Emerald Beaut Pluot** Flavor King Pluot **Red Raspberry Pluot** Sunset Gold Pluot

Yellow Watermelon

Mixed Heirloom

Snow Leopard

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SPECIALTY

Agretti Baby Artichoke Celtuce Fig Leaf Fresh Ginger Mexican Sour Gherkin Purslane Squash Blossom Tomatillo

ALLIUMS

- Garlic Chives Japanese Negi Scallion Purplette Onion Torpedo Onion Walla Walla Onion
- BEANS Calypso

Christmas Lima Cranberry Dragon Tongue Fava Flageolet Jacob's Cattle

Maxibel

Romano

Wax

BEETS ÷

Baby Badger Flame Rainbow

BRASSICAS

Baby Green Kale Baby Lacinato Kale Bok Chov Broccoli Rabe Caraflex Cabbage Red Napa Cabbage Collards Green Kohlrabi

62 Baldor Spring & Summer 2021



Purple Kohlrabi Hakurei Turnips Spigariello

Swiss Chard

Bi-Color
White
Wild Violet
Yellow

CUCUMBERS

7082

Kirby Lemon Little Potato Painted Serpent Persian Sikkim Suyo Japanese White

EGGPLANT

Calliope Fairvtale Graffiti Hansel & Gretel Italian Japanese Lavender Prospera Rosa Bianca Sicilian White

AUGUST



PEAR	<u>LETTUCE &</u> <u>SALADS</u> <u>Baby Head Lettuce</u>	Baby Green Oak Baby Red Oak Baby Green Tango Baby Lolla Rosa Baby Red Romaine Little Gem	<u>PEPPERS</u> (Continued)	Italian Long Hot Jalapeño Jimmy Nardello Padron Rainbow Bell Red Fresno Shishito
ASON.	<u>Specialty</u>	Baby Red Frill Mustard Green Dandelion Red Dandelion Wild Arugula	<u>POTATOES</u>	Sugar Rush Peach Trinidad Perfume Austrian Crescent German Butterball Red Adirondack Red Chile Fingerling
	MUSHROOMS & <u>TRUFFLES</u> <u>Truffles</u>	Black Summer	RADISHES	Russian Banana Fingerling Upstate Abundance Cincinnati
	Cultivated	Beech Bluefoot Hen-of-the-Woods Oyster Royal Trumpet Shiitake		Easter Egg French Breakfast White Icicle
Sicilian Mix Eggplant	<u>Wild</u>	Chicken-of-the-Woods Lobster Porcini Saskatchewan Chanterelle		A second
The skin on Sicilian eggplant is more tender than skin on the large, pear-shaped western eggplant, we typically see domestically. Less seeds and very white, dense flesh delivers on a more delicate flavor, with significant texture.	<u>PEPPERS</u>	Aji Amarillo Aji Dulce Aji Limon Aji Rojo Bird's Beak Brazilian Starfish Cayenne Corno di Toro Cubanelle Ghost Fatali Grenada Habanada		Pi Onc spy gree High of t gro fres

<u>SQUASHES</u>	Avocado Centercut Costata Romanesco Eight Ball Gold Bar Gold Zucchini Lebanese Cousa Patty Pan Tetra Trombetta Zephyr Zucchini
TOMATOES	Early Girl Beefsteak Yellow Beefsteak Black Velvet Brandywine Clementine Green Green Zebra Heirloom Indigo Rose Japanese Black Truffle Magic Mountain Mixed Cherry Red Cherry Sunchocola Cherry Sungold Plum Purple Cherokee San Marzano

urslane

ce a sprawling weed-like plant you might y sprouting between sidewalk cracks, this een is now considered a forager's prize. The prishable purslane consists of clusters tiny, plump leaves that grow flat to the bund. They have a crunchy bite and a clean, sh, lemony taste that mellows when cooked.

FEATURED FARM



KITCHEN GARDEN FARM

SUNDERLAND, MA

Kitchen Garden Farm is a certified organic farm located in the heart of the Pioneer Valley, the prime agricultural region of Western Massachusetts. The farm consists of 50 acres of rich river bottom soil, with fields on both sides of the Connecticut River. Caroline Pam and Tim Wilcox, who started the farm in 2006, are committed to growing healthy soils by cultivating a wide range of biodiverse crops, improving crop rotation, and cover cropping. Their growing practices reflect a deep commitment to the quality of their products, the health of their land, and the safety of their workers.

(Photo courtesy Kitchen Garden Farm)

FRESHNESS YOU CAN SEE INTEGRITY YOU CAN TASTE

- ✓ SELECTIVELY SOURCED
- ✓ PROCESSED IN SMALL BATCHES
- ✓ SIGNATURE OLD-FASHIONED BOWL-CHOPPING METHOD

THE DIFFERENCE IS IN OUR DEDICATION TO THE GROUND BEEF PROCESS

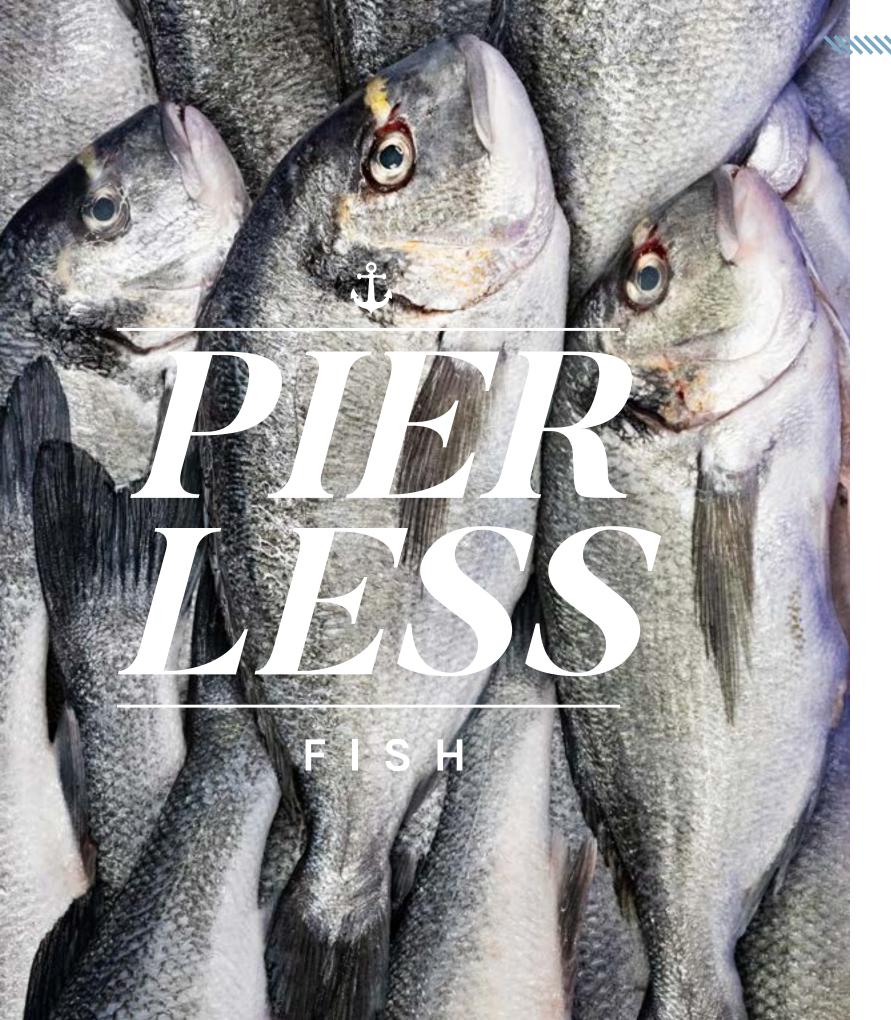
Our signature, low-pressure bowl-chopping method allows for the beef to maintain its structure and integrity, never grinding or pulverizing the meat. The result is a tender, juicy "steak-like" bite that is truly unmatched in the industry!











Baldor's New Fish Story

You've probably already heard the news, but we wanted to share it here, too: Last May, Pierless Fish joined the Baldor family and we couldn't be more thrilled to have them, and their exceptional products, on our team.

For quite some time, we've wanted to add fresh fish and seafood to our line-up. But, every time we've partnered with farmers, growers, ranchers, and makers to bring you fruit, vegetables, meats, dairy, eggs, and all the products we carry, it's been with careful consideration for the team behind the product, the items, their methods, and the care with which they're brought to market.

When it came time to not only carry, but to welcome a fish and seafood purveyor to our team, it couldn't be just anybody.

Luckily, we felt an instant kinship to Pierless.

Once we started talking to them, and to founder, Bobby DeMasco, we truly believed that they are to fish and seafood, what we've always strived to be to the products we carry. They care deeply about the fisherman who live their lives in the water, work tirelessly to





form and maintain relationships on the docks, and are committed to sourcing, promoting, and championing for local, sustainable, and ethical catches, whenever possible.

It was easy for us to see that their success is rooted in expert knowledge and discriminating decision making, never accepting products that don't meet their standards, and only letting items that are processed and fabricated with the same dedication, bare the Pierless name.

And, like us, the key to their achievements, has always been supplying high-quality products to local and New York City chefs, known for equally discerning tastes and standards.

The result: Everything that leaves their Brooklyn site, from fillets and whole fish to sushi grade cuts and seafood, is unbelievably fresh, always offering superior color, texture, and flavor.

Pierless Fish will continue to run their operations independently out of their state-ofthe-art Sunset Park facility. Please reach out to your sales representative to receive their full list and with specific requests.



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urban Proots

ORGANICE BUTTERNUT SQUASH CUBES

OWI 18-Day (Silly

urban

CLEANED & MALVED BRUSSELS SPROUTS



11993A WILLY.

Urban Roots is all about creating more options for home cooking. Ready-to-heat veggie sides? Check. Pre-cut ingredients for those short on time (or knife skills)? Got 'em. Complete kits for lighter entrées or to hold up a favorite protein? Nailed it. We spend countless hours in R&D, experimenting and testing on ourselves - the recipes, presentation, and packing of Urban Roots products. It's all in an effort to make a retail product fit for foodies and neophytes alike. Help a home cook skip some prep with our Mirepoix. End sad desk lunches with delicious culiflower rice dishes. Urban Roots is made with love - and kitchen cred.



O @meeturbanroots

Veggie-Focused, Busy Life-Approved.

urban roots



Explore the Wide World of Food

THEN GET IT DELIVERED, PRONTO.

Over 30 years ago, Baldor used its deep culinary roots to reinvent wholesale food and inspire customers. Today, through our website, app, and world-class service, we still help create intimate, informed relationships with the foods our customers need and love. A few ways we do just that:



THE NEW & THE NOTABLE

Whenevver we bring in something new, you'll be among the first to know. Discover our latest offerings and seasonal trends on our homepage and at **baldorfood.com/newproducts**.



NEWS FROM THE FARM News from the Farm highlights the ups, downs, and in-betweens from the produce supply market. Subscribe to the newsletter, and find a detailed report at **baldorfood.com/news**.



PEAK SEASON PRODUCE Looking for hyper-seasonal specialty produce? Opt in to Peak Season emails for a curated list of the moment's best. For updates any time, check baldorfood.com/peakseason.



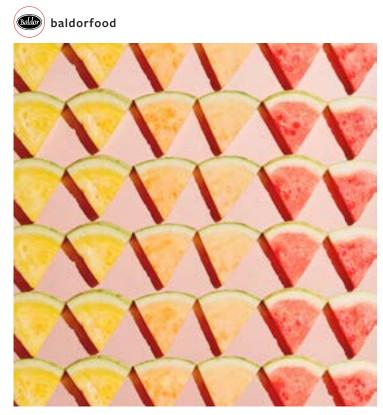
NEW TO BALDOR?

Let's get cooking. Our customers represent the finest restaurants, retailers, and other food pros in the world. That means you! Sign up today at baldorfood.com/become-a-customer.



Quality You Can Trust. Service That Delivers.

baldorfood.com



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baldorfood Spring and summer bring so many new produce picks, locally-grown favorites, and specialty finds — melons of 'em! Where to start? Follow us on Instagram @baldorfood, where we share our latest arrivals and in-season faves, to find your seed of inspiration, and on Facebook and Twitter for industry news and more. Water you waiting for?

Join the conversation with us!



