



SPRING & SUMMER PRODUCE GUIDE



● TO9GDF
Girl & Dug Farm
Medley Tomato Mix

There's something undeniably exciting about this time of year when it comes to menu making. After months of leaning on hardworking roots, brassicas, and storage crops, spring has a way of waking up the creative juices. From the first ramps and green garlic, to the peas worth eating raw and the pencil asparagus that barely requires flash cooking, the season's produce basically writes the recipes for you. This guide is here to help you make the most of what's coming into peak season when, so you can plan confidently, order at the right time, and put the best possible flavors in front of your customers.

March

FRUIT

SPECIALTY

Pink Guava
Baby Sugar Mango
Pink Muscat Grape

BERRIES

White Strawberry
Green Strawberry
Sweetest
Batch Blackberry

CITRUS

Grapefruit
Cocktail

Oro Blanco
Red
Red Globe
Pomelo

Lemons

Meyer
Sorrento
Variegated Pink

Mandarins

Algerian Clementine
Pixie
Sumo Citrus
Sunburst Tangerine
Tango

Oranges

Cara Cara
Mango
Moro Blood
Seville Sour
Tarocco Blood

Specialty

Kumquat
Mandarinquat
Meiwa Kumquat
Minneola Tangelo

VEGETABLES

SPECIALTY

Fava Leaf
Green Almond
Green Garbanzo
Washington
State Rhubarb
Wood Sorrel

ALLIUMS

Green Garlic
Red Spring Onion
White Spring Onion

ARTICHOKES

Heirloom
Purple

ASPARAGUS

White

BRASSICAS

Baby Red Frill Mustard
Casper Kale
Rapini
Romanesco
Spigariello

CHICORIES

Domestic
Radicchio Rosa
Italian
Castelfranco
Escarole
Frisée
Grumolo
Puntarelle
Radicchio del Veneto
Rosa di Gorizia
Tardivo

EGGPLANT

Holland Fairy Tale

LETTUCE & SALADS

Specialty
Bloomsdale Spinach
Wild Watercress

MUSHROOMS

Black Trumpet
Chanterelle
Hedgehog
Morel
South African Porcini
Yellowfoot

POTATOES

Blue Adirondack
German Butterball



● GRA94
Pink Muscat
Grapes

Magic Myrna
Red Adirondack
Upstate Abundance

RADISHES

Green Meat
Purple Bordeaux Daikon

SQUASH

Acorn
Butternut
Delicata
Kabocha
Spaghetti

WILD & FORAGED

Fiddlehead Fern
Miner's Lettuce
Nettle
Wild Bay Leaf
Wild Fennel
Wild Licorice Root

Wild Onion Flower
Wild Spring Onion

→
Scan QR code
to see our latest
Peak Season
arrivals.



April

FRUIT

SPECIALTY

Champagne Mango
 Baby Sugar Mango
 East Indian
 Kesar Mango
 Indian Alphonso
 Mango
 Haitian Francine Mango
 Pink Guava
 Pink Muscat Grape

BERRIES

Green Strawberry
 Holland Pineberry
 Holland White
 Strawberry
 Holland Strasberry

Harry's Berries
 Sweetest Batch
 Blackberry
 Tropical Bliss
 Strawberry
 Pineberry
 King Grove Organic
 Blueberry

CITRUS

Grapefruit
 Oro Blanco
 Red
 Star Ruby
Mandarins
 Minneola Tangelo
 Pixie

Sunburst Tangerine
 Tango
Oranges
 Cara Cara
 Tarocco Blood
Specialty
 Kumquat
 Mandarinquat
 Meiwa Kumquat
 Sorrento Lemon

STONE FRUIT

Unripe Green Apricot
 Velvet Apricot
 Aprium
 Yellow Peach
 Yellow Nectarine

VEGETABLES

SPECIALTY

Fava Leaf
 Green Almond
 Green Garbanzo
 Rhubarb
 Wood Sorrel

ALLIUMS

Green Garlic
 Japanese Negi Scallion
 Red Spring Onion
 White Spring Onion
 Vidalia Onion

ARTICHOKES

Heirloom
 Purple

ASPARAGUS

California
 Jumbo
 Holland Jumbo White
 French Jumbo White

BEANS & PEAS

Fava Bean
 English Pea
 Sugar Snap Pea

BRASSICAS

Baby Red Frill
 Mustard
 Broccoli Leaf
 Casper Kale
 Hakurei Turnip
 Hinona Kabu Turnip

Rapini
 Romanesco
 Spigariello

CHICORIES

Domestic
 Radicchio Rosa
Italian
 Castelfranco
 Escarole
 Frisée
 Puntarelle
 Radicchio del Veneto
 Rosa di Gorizia
 Tardivo

EGGPLANT

Holland Fairy Tale



LETTUCE & SALADS

Specialty
 Bloomsdale Spinach
 Wild Watercress

FRESH TRUFFLES

Summer (Italy/Spain)

MUSHROOMS

Chanterelle
 Hedgehog
 Morel
 South African Porcini
 St. George
 Yellowfoot

WILD & FORAGED

Fiddlehead Fern
 Miner's Lettuce
 Nettle
 Ramp
 Wild Bay Leaf
 Wild Fennel

Wild Licorice Root
 Wild Onion Flower
 Wild Spring Onion

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May

FRUIT

SPECIALTY

Champagne Mango
 Baby Sugar Mango
 East Indian Kesar
 Mango
 Indian Alphonso Mango
 Haitian Francine Mango
 Pink Guava
 Pink Muscat Grape

BERRIES

Holland Pineberry
 Holland White
 Strawberry
 Holland Strasberry
 Holland Peachberry

Green Strawberry
 Harry's Berries
 Pineberry
 Sweetest Batch
 Blackberry
 Tropical Bliss
 Strawberry

CITRUS

Grapefruit
 Oro Blanco
 Red
 White Marsh
Oranges
 Cara Cara
 Tarocco Blood

Specialty

Golden Nugget Mandarin

STONE FRUIT

Rainier Cherry
 Red Cherry
 Unripe Green Apricot
 Velvet Apricot
 White Apricot
 Black Pluot
 Red Pluot
 White Peach
 Yellow Peach
 Peacharine
 White Nectarine
 Yellow Nectarine

VEGETABLES

SPECIALTY

Baby Zucchini
 with Blossom
 Bronze Fennel
 Chamomile
 Fava Leaf
 Fig Leaf
 Green Almond
 Green Garbanzo
 Purple Asparagus
 Rhubarb
 Wood Sorrel

ALLIUMS

Garlic Scape
 Green Garlic
 Flowering Chive
 Japanese Negi Scallion
 Red Spring Onion

Torpedo Spring Onion
 White Spring Onion
 Italian Red Tropea Onion
 Vidalia Onion
 Baby Leek

ARTICHOKES

Purple

ASPARAGUS

Jumbo
 New Jersey
 White
 French Jumbo White
 Domestic Asparagus

BEANS & PEAS

Fava Bean
 English Pea

Sugar Snap Pea

BRASSICAS

Baby Red Frill Mustard
 Bok Choy
 Caraflex Cabbage
 Casper Kale
 Hakurei Turnip
 Hinona Kabu Turnip
 Rainbow Chard
 Rapini
 Spigariello

CORN

Sweet Scarlet Corn

CHICORIES

Italian
 Castelfranco



Frisée
 Tardivo

EGGPLANT

Holland Fairy Tale

LETTUCE & SALADS

Specialty
 Bloomsdale Spinach

FRESH TRUFFLES

Summer (Italy/Spain)

MUSHROOMS

Black Conica Morel
 Blonde Morel
 Chanterelle
 Pink Oyster
 Shiitake

South African Porcini

WILD & FORAGED

Fiddlehead Fern
 Miner's Lettuce
 Nettle
 Ramp
 Spruce Tip
 Wild Bay Leaf

Wild Licorice Root
 Wild Onion Flower
 Wild Purple Onion
 Wild Sea Bean
 Wild Spring Onion

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June

FRUIT

SPECIALTY

Champagne Mango
 Baby Sugar Mango
 East Indian Kesar
 Mango
 Indian Alphonso Mango
 Haitian Francine Mango

BERRIES

Mara Des Bois
 Strawberry
 Local Berries
 Pink Cosmo Blueberry
 Harry's Berries
 Holland Pineberry
 Holland White
 Strawberry
 Holland Strasberry

Tropical Bliss
 Strawberry

CITRUS

Sorrento Lemon
 Tarocco Blood Orange
 White Marsh Grapefruit

MELONS

Canary
 Cavaillon
 Galia
 Golden Honeydew
 Kiss
 Mixed Heirloom
 Italian Retato Classico
 Italian Honeymoon
 Italian Pixelato Supremo

STONE FRUIT

Rainier Cherry
 Sweet Cherry
 Velvet Apricot
 Honey Rich Aprium
 Black Pluot
 Dapple Dandy Pluot
 Mottled Pluot
 Santa Rosa Plum
 White Peach
 Yellow Peach
 Peacharine
 White Nectarine
 Yellow Nectarine
 Kyle's Pick Cherries

Caraflex Cabbage
 Fioretto Cauliflower
 Hakurei Turnip
 Hinona Kabu Turnip
 Purple Sprouting
 Broccoli
 Rainbow Chard
 Rapini
 Spigariello
 Sprouting Broccoli
 Tatsoi
 Murasaki Fioretto
 Cauliflower
 Romanetto Cauliflower

CARROTS

Kyoto

CORN

Sweet Scarlet Corn

CUCUMBERS

7082
 Kirby
 Lemon
 Little Potato

EGGPLANT

Holland Fairy Tale

LETTUCE & SALADS

Baby Head Lettuce
 Baby Mix
 Little Gem
Specialty
 Wild Watercress

FRESH TRUFFLES

Summer (Italy/Spain)

MUSHROOMS

Black Conica Morel
 Blonde Morel
 Chanterelle
 Shiitake

SQUASH

Avocado



● **TO9GDF**
 Girl & Dug Farm
 Medley Tomato
 Mix

VEGETABLES

SPECIALTY

Agretti
 Baby Zucchini with
 Blossom
 Bronze Fennel
 Celtuce
 Fava Leaf
 Fig Leaf
 Green Almond
 Green Garbanzo
 Local Squash Blossom
 Rhubarb
 Wood Sorrel
 Fresh Lavender Flowers
 Fresh Zaatar
 Local Juniper Sprigs
 Anise Hyssop

ALLIUMS

Garlic Scape
 Green Garlic
 Garlic Chive
 Japanese Negi Scallion
 Red Spring Onion
 Torpedo Spring Onion
 White Spring Onion
 Italian Red Tropea Onion
 Vidalia Onion
 Baby Leek
 Garleek

ASPARAGUS

Jumbo
 New Jersey
 Purple

White
 Domestic Asparagus

BEANS & PEAS

Cranberry Bean
 Dragon Tongue Bean
 Fava Bean
 Romano Bean
 Wax Bean
 English Pea
 Beauregarde Snow Pea
 Snow Pea
 Sugar Snap Pea

BRASSICAS

Baby Red Frill Mustard
 Bok Choy

Bossa Nova
 Centercut
 Costata Romanesco
 Gold Bar
 Green Zucchini
 Haifa's Finest Cousa
 Magda Cousa
 Patty Pan
 Summer Mix

Zephyr

TOMATOES

Caprese Mix
 Heirloom
 Sungold Cherry

WILD & FORAGED

Fiddlehead Fern

Miner's Lettuce
 Nettle
 Ramp
 Spruce Tip
 Wild Sea Bean

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July

FRUIT

SPECIALTY

Finger Lime
Baby Sugar Mango
Haitian Francine Mango
Red Currant
White Currant
Red Gooseberry

BERRIES

Local Berries
Pink Cosmo Blueberry
Harry's Berries
Sweetest Batch
Blackberry
Tropical Bliss
Strawberry

FIGS

Black Mission
Brown Turkey
White Adriatic

MELONS

Canary
Cavaillon
Galia
Golden Honeydew
Kiss
Mini Seedless
Watermelon
Mixed Heirloom
Orange Watermelon
Piel de Sapo
Sugar Cube
Yellow Watermelon
Italian Retato Classico
Italian Honeymoon
Italian Pixelato
Supremo

STONE FRUIT

Rainier Cherry
Sour Cherry

Sweet Cherry
Velvet Apricot
Candy Cot
Black Pluot
Red Pluot
Greengage Plum
Shiro Plum
Very Cherry Plum
White Peach
Yellow Peach
Donut Peach
Peach Pie Donut
Peacharine
White Nectarine
Yellow Nectarine
Kyle's Pick Cherries

VEGETABLES

SPECIALTY

Agretti
Bronze Fennel
Celtuce
Fig Leaf
Local Squash Blossom
Purslane
Fresh Lavender
Flowers
Anise Hyssop
Fresh Zaatar
Local Juniper Sprigs
African Blue Basil

ALLIUMS

Garlic Scape

Garlic Chive
Japanese Negi Scallion
Torpedo Spring Onion
Italian Red Tropea Onion
Vidalia Onion
Baby Leek
Garleek

BEANS & PEAS

Cranberry Bean
Dragon Tongue Bean
Fava Bean
Romano Bean
Wax Bean
English Pea
Bean Medley

BEETS

Badger Flame

BRASSICAS

Fioretto Cauliflower
Hakurei Turnip
Hinona Kabu Turnip
Maine Broccoli
Maine Cauliflower
Rainbow Chard
Red Napa Cabbage
Tatsoi
Murasaki Fioretto
Cauliflower
Romanetto
Cauliflower



● BE92A
Harry's Berries
Organic
Strawberries

Rainbow Bell
Jimmy Nardello
Shishito
Cubanelle
Italian Long Hot
Green Corbaci
Pepper
Hatch
Serrano
Habanero
Scorpion
Trinidad
Carolina
Reaper

SQUASH

Avocado
Bossa Nova
Centercut
Costata Romanesco
Eight Ball
Gold Bar
Green Zucchini
Haifa's Finest Cousa
Magda Cousa
Patty Pan
Summer Mix
Tetra
Zephyr

TOMATOES

Campari
Early Girl
Fiorentino Costoluto
Golden Rave
Green
Heirloom
Jewel Box
Plum
Red Grape
San Marzano
Sungold Cherry

CARROTS

Kyoto

CORN

Bi-Color
White
Wild Violet
Yellow

CUCUMBERS

7082
Kirby
Lemon
Little Potato
White

EGGPLANT

Fairytale
Graffiti
Hansel & Gretel
Italian
Japanese
Sicilian Mix
White

LETTUCE & SALADS

Baby Head Lettuce
Baby Mix
Little Gem
Specialty
Flower Power

Spicy Greens Mix

FRESH TRUFFLES

Summer (Italy/Spain)
Winter (Australia)

MUSHROOMS

Black Conica Morel
Chanterelle
Shiitake

PEPPERS

Mini Bell
Mini Veggie Sweet
Patchwork

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August

FRUIT

SPECIALTY

Champagne Mango
Baby Sugar Mango
Haitian Francine Mango
Red Currant
White Currant

BERRIES

Wild Huckleberry
Wild Maine Blueberry
Tropical Bliss
Strawberry
Pink Cosmo Blueberry
Sweetest Batch
Blackberry

FIGS

Black Mission
Brown Turkey

Tiger Stripe
White Adriatic

MELONS

Canary
Cavaillon
Crenshaw
Galia
Golden Honeydew
Kiss
Little Flower
Watermelon
Mini Seedless
Watermelon
Mixed Heirloom
Orange Watermelon
Snow Leopard
Yellow Watermelon
Italian Retato Classico

Italian Honeymoon
Italian Pixelato Supremo

STONE FRUIT

Sour Cherry
Sweet Cherry
Velvet Apricot
Emerald Beaut Pluot
Flavor King Pluot
Greengage Pluot
Red Raspberry Pluot
White Peach
Yellow Peach
Donut Peach
Peacharine
White Nectarine
Yellow Nectarine
Wild Beach Plum
Kyle's Pick Cherries

VEGETABLES

SPECIALTY

Agretti
Baby Artichoke
Bronze Fennel
Celtuce
Fig Leaf
Fresh Ginger
Purslane
Fresh Lavender
Flowers
Anise Hyssop
Fresh Zaatar
African Blue Basil
Fresh Wild Sumac

ALLIUMS

Garlic Chive
Japanese Negi Scallion

Torpedo Spring
Onion
Italian Red Tropea
Onion
Vidalia Onion
Garleek

BEANS

Calypso
Cranberry
Dragon Tongue
Fava
Flageolet
Jacob's Cattle
Maxibel
Romano
Wax
Bean Medley

BEETS

Badger Flame

BRASSICAS

Hakurei Turnip
Hinona Kabu Turnip
Maine Broccoli
Maine Cauliflower
Tatsoi

CARROTS

Kyoto

CORN

Local Bi-Color
Local White
Wild Violet
Local Yellow

CUCUMBERS

7082
Kirby
Lemon
Little Potato
Suyo Japanese
White

EGGPLANT

Fairytale
Graffiti
Hansel & Gretel
Italian
Japanese
Sicilian Mix
White

LETTUCE & SALADS

Baby Head Lettuce
Baby Mix
Little Gem
Specialty
Flower Power
Spicy Greens Mix

FRESH TRUFFLES

Summer (Italy/Spain)
Winter (Australia)

MUSHROOMS

Chicken-of-the-Woods
Lobster
Saskatchewan
Chanterelle
Shiitake

PEPPERS

Habanada
Mini Bell
Mini Veggie Sweet
Rainbow Bell
Jimmy Nardello
Red Gemelli
Mazinna
Shishito
Aji Dulce
Cubanelle
Biquinho



Italian Long Hot
Green Corbaci
Padron
Grenada
Hatch
Jalapeño
Red Fresno
Serrano
Mixed Fish
Aji Limon
Cayenne
Aji Rojo
Habanero
Ghost
Scorpion
Trinidad
Carolina
Reaper

POTATOES

Blue Adirondack
Red Adirondack
German Butterball
Kennebec

La Ratte Fingerling
Magic Molly
Red Norland
Russian Banana
Fingerling
Upstate Abundance

SQUASH

898
Avocado
Bossa Nova
Candy Roaster
Centercut
Costata Romanesco
Eight Ball
Gold Bar
Green Zucchini
Haifa's Finest Cousa
Honeynut
Magda Cousa
Patty Pan
Summer Mix
Tetra
Zephyr

TOMATOES

Brandywine
Casare's Canestrino
di Lucca
Early Girl
Fiorentino Cosoluto
Green
Heirloom
Jewel Box
Magic Mountain
Midnight Roma
San Marzano
Sungold Cherry
Sweet 100 Cherry
Sweet Prince Cherry
Yellow Beefsteak
Sunpeach Cherry

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Year-Round

FRUIT

SPECIALTY

Ataulfo Mango

AVOCADOS

Hass

BERRIES

Strawberry

Sweetest Batch

Strawberry

Blueberry

Sweetest Batch

Blueberry

Raspberry

Sweetest Batch

Raspberry

Blackberry

Cape Gooseberry

CITRUS

Clementine

Finger Lime

Key Lime

Lime

Moro Blood Oranges

FIGS

Black Mission

MELONS

Cantaloupe

Honeydew

Watermelon

VEGETABLES

SPECIALTY

Baby Fennel

Sea Bean

Squash Blossom

Tomatillo

Pea Shoot

Pea Tendril

Bronze Fennel

Delfino Cilantro

ALLIUMS

Japanese Negi Scallion

ARTICHOKES

Baby

Globe

BEETS

Baby

Chioggia

Golden

Mixed

Red

BRASSICAS

Buds

Caraflex Cabbage

Flowers

Broccoli

Cauliflower

Caulilini

Florentino

Broccoli di Ciccio

Broccoli Rabe

Carnival Cauliflower

Green Cauliflower

Orange Cauliflower

Purple Cauliflower

Romanesco

Leaves

Baby Green Kale

Baby Lacinato Kale

Bok Choy

Collard Green

Mizuna

Mustard

Swiss Chard

Roots

Baby Turnip

Stems

Green Kohlrabi

Purple Kohlrabi

CARROTS

Baby French

Baby Mixed Rainbow

Mixed Heirloom

Mixed Rainbow

Thumbelina

CUCUMBERS

Kirby

Persian

CHICORIES

Domestic

Radicchio

Castelfranco

Frisée

Dandelion

EGGPLANT

Holland Graffiti

Holland Baby Purple

LETTUCE & SALADS

Baby Head Lettuce

Baby Green Oak

Baby Green Tango

Baby Lolla Rosa

Baby Red Oak

Baby Red Romaine

Little Gem

Artisan Mini Heads

Baby Iceberg

Red Gem

Specialty

Baby Watercress

Watercress

Red Watercress

Savoy Spinach

Wild Arugula

Baby Arugula

Salads & Mixes

Arcadian Mix

Artisan Mix

Artisan Romaine

Hydro Boston Lettuce

MUSHROOMS

Beech

Chefs Mix

Exotic Blend

Hen-of-the-Woods

Maitake

Oakwood Shiitake

Oyster

Pioppino

Pom Pom

Royal Trumpet

PEPPERS

Rainbow Bell

Mini Veggie Sweet

Shishito 🌿

Cubanelle 🌿

Italian Long Hot 🌿

Jalapeño 🌶️

Red Fresno 🌶️



● ART1
Artichokes

Serrano 🌶️
Habanero 🌶️🌶️

POTATOES

Chipperbec

Creamers

GPOD

Kennebec

Marble

Norwis Frying Potato

Purple Peruvian

Red Chile

Russian Banana

Sweet

Beauregard

Garnet

Hannah

Okinawa

Purple

RADISHES

Baby French

Breakfast

Easter Egg

French Breakfast

Purple Ninja

TOMATOES

Beefsteak

Cherry On-The-Vine

Heirloom

Mixed Cherry

Plum

Red Cherry

Red Grape

Campari



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CATEGORY SPOTLIGHT

Great Dairy. Better Prices.

We know dairy is a critical foundation for any menu. That’s why we’ve taken meaningful steps to reduce prices on our dairy essentials (liquid dairy, butter, and eggs), while maintaining our premium sourcing. The products at right are among the many we have sharpened our pencils on; see the full list at the QR code. Our goal is simple: to ensure you have reliable access to the quality ingredients your kitchen needs, at a value that supports your business.

BUTTER

Our Baldor Essentials butters are sourced from Cabot Creamery and Plugra. Cabot churns its 80% butter-fat butter from fresh pasteurized sweet cream from cows never treated with artificial growth hormones, raised on farms in New York and New England. Plugra’s European-style butter contains 82% fat and low water content, making it an excellent choice for baking.

LIQUID DAIRY

Our Baldor Essentials milk and cream products are sourced from Clover Farms and Farmland Fresh—regional suppliers rooted in Pennsylvania Dutch country with a long-standing commitment to family farms. It’s the kind of partnership we’re built to scale: as Baldor grows its network of essential suppliers, “fresh is best” will always be the standard.

EGGS

Our primary supplier for Baldor Essentials eggs is Kreider Farms, an 82-year-old Lancaster, PA vertically integrated egg farm. Their state-of-the-art facility provides egg-laying hens with more space and better ventilation, resulting in better flavor.



● EGG51 Large Loose AA Eggs

● DAMILK1CS Clover Farms Dairy Half & Half

● DABUT3A Cabot Creamery Unsalted Butter 80%

● DAMILK8CS Clover Farms Dairy Heavy Cream 40%



Baldor Specialty Foods

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Bronx, NY	(718) 860-9100
Philadelphia, PA	(267) 921-0300
Boston, MA	(617) 889-0047
Washington, D.C.	(443) 733-3400
Pierless Fish	(718) 222-4441