



URBAN REMEDY

RICHMOND, CA

Food is Healing

About Urban Remedy

Urban Remedy founder, Neka Pasquale, didn't set out to create Urban Remedy—it was a natural evolution of her passion for health and healing and living a lifestyle with "food is healing" as her mantra. Growing up in the farm-to-table culture of Northern California, Neka was inspired by people who care about what they eat and who strive to eat for health as well as pleasure. In her private practice of over a decade, Neka combined acupuncture and Chinese medicine with cutting-edge nutrition and lifestyle modifications to heal, balance and create optimal health. Neka started leading wellness retreats with her patients and over and over again they described experiencing life-changing results after just a few days. Inspired by these transformations, Neka knew she had found her calling and in 2009, Urban Remedy was born.

SCHEDULE DETAILS

FOR SALADS (below) Everything else 11pm night prior

DAY	ORDER DEADLINE	Delivery Day
Tuesday	4pm	Thursday
Thursday	4pm	Saturday
Friday	4pm	Monday
Sunday	4pm	Tuesday

SALADS



ZURMSAL01E



ZURMSAL02E



ZURMSAL03E



ZURMSAL07E

ZURMSAL01E	Organic Macro Salad	12 OZ
ZURMSAL02E	Organic Vegan Caesar Salad	8 OZ
ZURMSAL03E	Organic Soba Noodles	12 OZ
ZURMSAL07E	Organic Rainbow Salad	7 OZ
ZURMSAL17E	Kale Ginger Salad	8 OZ

BEVERAGES



ZURMBEV01C



ZURMBEV06C



ZURMBEV03C



ZURMBEV04D

ZURMBEV04D	Organic Booster Shot	10 X 2 X 2 OZ
ZURMBEV21D	Organic Turmeric Relieve Juice Shot	10 X 2 X 2 OZ
ZURMBEV30D	Organic Superfruit C Shot	10 X 2 X 2 OZ
ZURMSHOT01	Organic Digestion Shot	10 X 2 X 2 OZ
ZURMSHOT02	Organic Energy Shot	10 X 2 X 2 OZ
ZURMSHOT03	Organic Detox Shot	10 X 2 X 2 OZ
ZURMBEV01C	After Party Juice	6 X 12 OZ
ZURMBEV03C	Turmeric Boost Juice	6 X 12 OZ
ZURMBEV07C	Cold Crusher Juice	6 X 12 OZ
ZURMBEV08C	Deep Cleaning Juice	6 X 12 OZ
ZURMBEV10C	Glow Juice	6 X 12 OZ
ZURMBEV12C	Happy Belly With Probiotics Juice	6 X 12 OZ
ZURMBEV18C	Clean Green Refresh Lemonade	6 X 12 OZ
ZURMBEV19C	Slender Greens Juice	6 X 12 OZ
ZURMBEV29C	Pomegranate Ginger with Probiotics Juice	6 X 12 OZ
ZURMBEV31C	Peach Ginger Probiotic Tea Tonic	6 X 12 OZ

BEVERAGES

ZURMBEV32C	Strawberry Hibiscus Rose Tea Tonic	6 X 12 OZ
ZURMBEV33C	Grapefruit Turmeric Tea Tonic	6 X 12 OZ
ZURMBEV34	Organic Ginger Lemonade	6 X 12 OZ
ZURMBEV35	Organic Cherry Strawberry Lemonade	6 X 12 OZ
ZURMBEV02C	Blue Magic Nut Milk	6 X 16 OZ
ZURMBEV06C	Chocolate Banana Meal Replacement	6 X 16 OZ
ZURMBEV11C	Green Berry Meal Replacement	6 X 16 OZ
ZURMBEV17C	Mint Cacao Meal Replacement	6 X 16 OZ
ZURMBEV22C	Warrior Meal Replacement	6 X 16 OZ
ZURMBEV26C	Golden Turmeric Nut Milk	6 X 16 OZ
ZURMBEV301888	Organic Java Shake	6 X 16 OZ
ZURMBEV301890	Organic Strawberry Omega Force Meal Shake	6 X 16 OZ
ZURMBEV301908	Organic Shroom Coffee	6 X 16 OZ
ZURMBEV302102	Organic Vanilla Matcha Latte	6 X 16 OZ

SNACKS | BARS | DESSERTS



ZURMBAR01



ZURMBAR02



ZURMBAR03



ZURMBAR06

ZURMNOSH04B	Superfood Cookies 3"	18 X 1 CT
ZURMNOSH05B	Double Chocolate Cookie 3"	18 X 1 CT
ZURMNOSH06B	Oatmeal Cookie 3"	18 X 1 CT
ZURMDESSERT07	Sunsquares Sunflower Butter Cacao Squares	3 X 8 PK
ZURMDESSERT08	Sunsquares Crispy Rice & Cacao Nibs	3 X 8 PK
ZURMDESSERT09	Sunsquares Coffee & Lion's Mane	3 X 8 PK
ZURMDESSERT02	Organic Raw Cacao Mousse	4 X 4.1 OZ
ZURMBAR01	Cacao Chip Protein Bar	4 X 7 PK
ZURMBAR02	Matcha Energy Bar	4 X 7 PK
ZURMBAR03	Superfood Bar	4 X 7 PK
ZURMBAR06	Berry Sunflower Bar Box	4 X 7 PK
ZURMBAR07	Golden Turmeric Coconut Bar Box	4 X 7 PK
ZURMDESSERT10	Blueberry Chia Pudding Dessert	4 X 9 OZ
ZURMNOSH04AA	Organic Super Food Cookie Bite Size	6 X 1 PK
ZURMNOSH06A	Double Chocolate Cookie Bite Size	6 X 1 PK
ZURMNOSH07A	Oatmeal Cookie Bite Size	6 X 1 PK

WANT MORE?

For any questions, please email our Merchandising team at Merchandising@baldorfood.com
 Visit our website for a full availability list and more information about Urban Remedy!